

## Res. Asst. Betül SAĞLAM TOPAL

### Personal Information

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### International Researcher IDs

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### Research Areas

Clinical Psychology

### Academic Titles / Tasks

Research Assistant, Istanbul University, Institute of Social Sciences, Edebiyat Fakültesi Bölümü, 2021 - Continues

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. Psychometric Comparisons of Benevolent and Corrective Humor across 22 Countries: The Virtue Gap in Humor Goes International**  
Heintz S., Ruch W., Platt T., Pang D., Carretero-Dios H., Dionigi A., Arguello Gutierrez C., Brdar I., Brzozowska D., Chen H., et al.  
FRONTIERS IN PSYCHOLOGY, vol.9, 2018 (SSCI)
- II. Gelişim Süreci Odağında Ergenlik Psikolojisi**  
Sağlam Topal B.  
Anadolu Psikiyatri Dergisi, vol.17, no.5, pp.427, 2016 (SCI-Expanded)

### Articles Published in Other Journals

- I. The Mediating Role of Cognitive Emotion Regulation Strategies in the Relationship Between Perceived Partner Support and Depression, Anxiety During Pregnancy**  
Sağlam Topal B., Uysal B.  
Klinik Psikoloji Dergisi, vol.1, no.1, pp.1, 2021 (Peer-Reviewed Journal)

### Books & Book Chapters

- I. An Acceptance Based Beh. Th. For Gen. Anx. Dis.**  
Sağlam Topal B.  
in: Clinical Handbook of Psychological Disorders, David Barlow, Editor, Nobel Yayın Dağıtım, İstanbul, pp.206-232, 2022

## **KEREREED CONGRESS / SYMPOSIUM PUBLICATIONS IN PROCEEDINGS**

- I. **Türkiye’de Prenatal Dönemde Uygulanan Gebe Eğitimlerinin Kadınların Psikolojik Sıkıntı Düzeyleri Üzerine Etkisi: Sistematik Derleme**  
Sağlam Topal B.  
1. Uluslararası Doğum Psikolojisi ve Doğum Ekipleri Kongresi, İstanbul, Turkey, 28 - 30 June 2019, pp.159-161
- II. **Two Virtue-Related Facets of Humor for Humor-Based Interventions: The Adaptation of the BenCor Questionnaire in Turkish**  
Sağlam Topal B.  
15th EFPA European Congress of Psychology, Amsterdam, Netherlands, 11 - 14 July 2017, pp.120

## **Other Publications**

- I. **Psikanalitik Psikosomatik**  
Sağlam Topal B.  
Other, pp.143-156, 2021

## **Supported Projects**

Yavuz Sever A. E., Sağlam Topal B., Project Supported by Other Official Institutions, Duyguların Sözel İfadesinin, Aleksitimi ve Otantisite Kapsamında Etkilerinin İncelenmesi, 2022 - 2023

## **Metrics**

Publication: 7

Citation (WoS): 9

Citation (Scopus): 10

H-Index (WoS): 1

H-Index (Scopus): 1

## **Scholarships**

2211-A Yurtiçi Doktora Bursu, TÜBİTAK, 2021 - Continues