

# **Res. Asst. Betül SAĞLAM TOPAL**

## **Personal Information**

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## **International Researcher IDs**

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## **Dissertations**

Postgraduate, Prenatal dönemde kadınlarda psikolojik iyi oluşu etkileyen faktörlerin incelenmesi, Ibn Haldun University, 2020

## **Research Areas**

Clinical Psychology

## **Academic Titles / Tasks**

Research Assistant, Istanbul University, Institute of Social Sciences, Edebiyat Fakültesi Bölümü, 2021 - Continues

## **Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **I love you but I can't say: adaptation of the Measure of Verbally Expressed Emotion (MoVEE) to Turkish and investigation of psychometric properties**  
Sağlam Topal B., Sever A. E. Y.  
CURRENT PSYCHOLOGY, vol.0, pp.1, 2024 (SSCI)
- II. **Psychometric Comparisons of Benevolent and Corrective Humor across 22 Countries: The Virtue Gap in Humor Goes International**  
Heintz S., Ruch W., Platt T., Pang D., Carretero-Dios H., Dionigi A., Arguello Gutierrez C., Brdar I., Brzozowska D., Chen H., et al.  
FRONTIERS IN PSYCHOLOGY, vol.9, 2018 (SSCI)
- III. **Gelişim Süreci Odağında Ergenlik Psikolojisi**  
Sağlam Topal B.  
Anadolu Psikiyatri Dergisi, vol.17, no.5, pp.427, 2016 (SCI-Expanded)

## **Articles Published in Other Journals**

- I. **The Mediating Role of Cognitive Emotion Regulation Strategies in the Relationship Between Perceived Partner Support and Depression, Anxiety During Pregnancy**  
Sağlam Topal B., Uysal B.

## Books & Book Chapters

- I. An Acceptance Based Beh. Th. For Gen. Anx. Dis.  
Sağlam Topal B.  
in: Clinical Handbook of Psychological Disorders, David Barlow, Editor, Nobel Yayinevi, İstanbul, pp.206-232, 2023

## Refereed Congress / Symposium Publications in Proceedings

- I. The Mediating Role of Verbally Expressed Emotions in the Relationship Between Alexithymia and Authenticity  
Sağlam Topal B., Yavuz Sever A. E.  
18. European Congress of Psychology, Brighton, England, 3 - 06 July 2023, pp.439
- II. Mediator Role of Capacity to be Alone on the Relation between Attachment and Loneliness  
Ataman A., Sağlam Topal B.  
18. European Congress of Psychology, Brighton, England, 3 - 06 July 2023, pp.26
- III. Examining the Expression of Emotions in the Context of Turkish Culture  
Sağlam Topal B., Yavuz Sever A. E.  
18. European Congress of Psychology, Brighton, England, 3 - 06 July 2023, pp.439
- IV. Türkiye'de Prenatal Dönemde Uygulanan Gebe Eğitimlerinin Kadınların Psikolojik Sıkıntı Düzeyleri Üzerine Etkisi: Sistematisk Derleme  
Sağlam Topal B.  
1. Uluslararası Doğum Psikolojisi ve Doğum Ekipleri Kongresi, İstanbul, Turkey, 28 - 30 June 2019, pp.159-161
- V. Two Virtue-Related Facets of Humor for Humor-Based Interventions: The Adaptation of the BenCor Questionnaire in Turkish  
Sağlam Topal B.  
15th EFPA European Congress of Psychology, Amsterdam, Netherlands, 11 - 14 July 2017, pp.120

## Other Publications

- I. Psikanalitik Psikosomatik  
Sağlam Topal B.  
Other, pp.143-156, 2021

## Supported Projects

Yavuz Sever A. E., Sağlam Topal B., Project Supported by Other Official Institutions, Duyguların Sözel İfadesinin, Aleksitimi ve Otantisite Kapsamında Etkilerinin İncelenmes, 2022 - 2023

## Activities in Scientific Journals

PSYCHOLOGICAL REPORTS, Article Editor, 2023 - Continues

## Metrics

Publication: 11  
Citation (WoS): 15  
Citation (Scopus): 16  
H-Index (WoS): 1  
H-Index (Scopus): 1

## Scholarships

2211-A Yurtiçi Doktora Bursu, TUBITAK, 2021 - Continues

## Non Academic Experience

Ghent University  
University of Zurich