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Education Information

Post Doctorate of Medicine, Istanbul University, Tıp Fakültesi, Turkey 2004 - 2009

Expertise In Medicine, Istanbul University, Tıp Fakültesi, Turkey 1998 - 2004

Undergraduate, Hacettepe University, Tıp Fakültesi, Turkey 1992 - 1998

Foreign Languages

English, C1 Advanced

Dissertations

Expertise In Medicine, Tip 1 Diabetes Mellitus'lu kadınlarda polikistik over sendromu, hirsutizm, hiperandrojenizm sıklığı ve ilişkili parametrelerin değerlendirilmesi, Istanbul University, Istanbul Medical Faculty, İç Hastalıkları Anabilim Dalı, 2002

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Internal Diseases , Geriatrics

Academic Titles / Tasks

Associate Professor, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2012 - Continues

Expert, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2009 - 2012

Lecturer PhD, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2004 - 2009

Research Assistant PhD, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 1998 - 2004

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Undernutrition in obese older adults by fat percentage**
Bozkurt M. E., Erdogan T., Catikkas N. M., Ozkok S., KILIÇ C., BAHAT-ÖZTÜRK G., Karan M. A.
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- II. **Twelve hot questions in the management of hypertension in patients aged 80+ years and their answers with the help of the 2023 European Society of Hypertension Guidelines**
BAHAT-ÖZTÜRK G., Ribeiro H., Sheppard J. P., Bogaerts J. M., Camafort M., Dallmeier D., De Backer T., Desideri G., Olszanecka A., Persu A., et al.
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- III. **A peculiar cause of dysphagia**
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European Journal of Internal Medicine, vol.129, pp.125-126, 2024 (SCI-Expanded)
- IV. **Sarcopenia emerges as a risk factor for cardiac diastolic dysfunction: a new focus for research**
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- V. **Nutrition for the older adult – Current concepts. Report from an ESPEN symposium**
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- VI. **Investigation of the prevalence of functional constipation and its related factors for in older outpatients**
Esra Bozkurt M., Erdogan T., Fetullahoglu Z., Ozkok S., KILIÇ C., BAHAT-ÖZTÜRK G., Akif Karan M.
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- VII. **A European survey of older peoples' preferences, and perceived barriers and facilitators to inform development of a medication-related fall-prevention patient portal**
Ploegmakers K. J., Linn A., Medlock S., Seppälä L., BAHAT-ÖZTÜRK G., Caballero-Mora M., Ilhan B., Landi F., Masud T., Morrissey Y., et al.
European Geriatric Medicine, vol.15, no.3, pp.817-829, 2024 (SCI-Expanded)
- VIII. **Response to letter by Masse O et al. STOPP/START version 3: clinical pharmacists are raising alarms**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
European Geriatric Medicine, vol.15, no.2, pp.593-596, 2024 (SCI-Expanded)
- IX. **The Current Landscape of Pharmacotherapies for Sarcopenia**
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Drugs and Aging, vol.41, no.2, pp.83-112, 2024 (SCI-Expanded)
- X. **The effects of diuretic deprescribing in adult patients: A systematic review to inform an evidence-based diuretic deprescribing guideline**
van Poelgeest E., Paoletti L., Özkök S., Pinar E., BAHAT-ÖZTÜRK G., Vuong V., Topinková E., Daams J., McCarthy L., Thompson W., et al.
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- XI. **Cultural adaptation and clinical validation of Rapid Cognitive Screening Test in Turkish**
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- XII. **Comparison of two different frailty screening scales for predicting mortality due to all causes in older inpatients**
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Revista da Associacao Medica Brasileira (1992), vol.70, no.8, 2024 (SCI-Expanded)
- XIII. **Optimizing pharmacotherapy and deprescribing strategies in older adults living with multimorbidity and polypharmacy: EuGMS SIG on pharmacology position paper**
van Poelgeest E., Seppala L., BAHAT-ÖZTÜRK G., Ilhan B., Mair A., van Marum R., Onder G., Ryg J., Fernandes M. A.,

Cherubini A., et al.

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- XIV. **Associations of EWGSOP1 and EWGSOP2 probable sarcopenia definitions with mortality: A comparative study**
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- XV. **Clinical validation of SARC-F by proxy as a practical tool to evaluate sarcopenia in dependent older adults**
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- XVI. **Authors' response to points raised by Boland et al. regarding STOPP/START version 3 criteria**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinge M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- XVII. **The longitudinal associations of sarcopenia definitions with functional deterioration: a comparative study**
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- XVIII. **The effect of vitamin D on neurocognitive functions in older vitamin D deficient adults: a pilot longitudinal interventional study**
Turkmen B. O., Can B., Buker S., Beser B., BÜYÜKGÖK D., Dernek B., Bovatekin S., Kucukdagli P., Ilhan B., Kalem Ş. A., et al.
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- XIX. **Management of Type 2 Diabetes in Frail Older Adults**
BAHAT-ÖZTÜRK G., Ozkok S., Petrovic M.
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- XX. **Which treatment strategy is preferred in the octogenarians with acute coronary syndrome?**
Aydın G., Golcuk E., BAHAT-ÖZTÜRK G.
Journal of the Pakistan Medical Association, vol.73, no.9, pp.1800-1804, 2023 (SCI-Expanded)
- XXI. **Management of use of urinary antimuscarinics and alpha blockers for benign prostatic hyperplasia in older adults at risk of falls: a clinical review**
İlhan B., Erdoğan T., Topinková E., BAHAT-ÖZTÜRK G.
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- XXII. **STOPP/START criteria for potentially inappropriate prescribing in older people: version 3**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinge M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- XXIII. **SIMPLER MODIFIED FRIED FRAILTY SCALE AS A PRACTICAL TOOL TO EVALUATE PHYSICAL FRAILTY: CROSS-CULTURAL ADAPTATION AND VALIDATION PROJECT**
BAHAT-ÖZTÜRK G., İlhan B., Erdogan T., Catikkas N. M., KARAN M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz P., Morley J.
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- XXIV. **Optimal use of oral nutritional supplements (ONS) in medical nutrition therapy: ONS consensus report from KEPAN**
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- XXV. **How to adjust muscle mass while defining sarcopenia component of sarcopenic obesity: is body weight sufficient enough to represent body size?**
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- XXVI. **Associations between obesity, self-reported weakness and their combinations with mortality in nursing home residents**
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- XXVII. **Geriatricians' perspective on findings from the STEP and the SPRINT trials with a special focus on their similarities and differences**
Bahat G, Ozkok S, Petrovic M, Benetos A.
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- XXVIII. **Vitamin D in patients with COVID-19: is there a room for it?**
Bahat G., Erbas Sacar D., Petrovic M.
Acta Clinica Belgica: International Journal of Clinical and Laboratory Medicine, vol.78, no.1, pp.71-77, 2023 (SCI-Expanded)
- XXIX. **Deprescribing practices, habits and attitudes of geriatricians and geriatricians-in-training across Europe: a large web-based survey**
van Poelgeest E. P., Seppala L. J., Lee J. M., Bahat G., Ilhan B., Lavan A. H., Mair A., van Marum R. J., Onder G., Ryg J., et al.
EUROPEAN GERIATRIC MEDICINE, vol.13, pp.1455-1466, 2022 (SCI-Expanded)
- XXX. **Comparison of clinical characteristics and outcome measures of PCR-positive and PCR-negative patients diagnosed as COVID-19: Analyses focusing on the older adults**
Senkal N., Bahat G., Medetalibeyoglu A., Cebeci T., Deniz D., Catma Y., Oren M. M., Caparali E. B., Bayrakdar S., Basaran S., et al.
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- XXXI. **Probable sarcopenia: associations with common geriatric syndromes and comorbidities in Turkish geriatric patients from a university hospital.**
Sacar D. E., Kılıç C., Oren M. M., Erdogan T., Ozkok S., Aydin C. O., Catikkas N. M., Karan M. A., Bahat-Öztürk G.
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- XXXII. **Treating Hypertension in Older Adults in Light of the Recent STEP Trial: Can We Implement the Findings in Geriatric Practice?**
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- XXXIII. **Sarcopenic obesity versus sarcopenia alone with the use of probable sarcopenia definition for sarcopenia: Associations with frailty and physical performance**
Ozkok S., Aydin C. O., Sacar D. E., Catikkas N. M., Erdogan T., Bozkurt M. E., Kılıç C., Karan M. A., Bahat G.
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- XXXIV. **Ideal medication review in older patients with cancer should include evaluation of frailty and prescription omission: Comment on the perspective "How-to-guide for medication reviews in older adults with cancer: A Young International Society of Geriatric Oncology and Nursing & Allied Health Group initiative"**
Bahat G., Ozkok S., BAHAT Z.
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- XXXV. **Sarcopenic obesity: a hot yet under considered evolving concept**
BAHAT-ÖZTÜRK G.
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- XXXVI. **Symptomatology and imaging findings in early post-Covid period: A comparative study in older vs younger patients**
Bahat G., Medetalibeyoglu A., Senkal N., Cebeci T., Oren M. M., Basaran S., Arici H., Catma Y., Kose M., Karan M. A., et al.
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- XXXVII. **Can we grade low muscle mass while using GLIM criteria: It seems we can**
Bahat G., Catikkas N. M., Bahat Z., Karan M. A.
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- XXXVIII. **Prevalence and Associates of Frailty Status in Different Stages of Chronic Kidney Disease: A Cross-Sectional Study**
Ozturk S., Cetin D. G., Cetin M., Yilmaz M. D., Ozler T. E., Cebeci E., Karadag S., Feyizoglu H., BAHAT-ÖZTÜRK G.
JOURNAL OF NUTRITION HEALTH & AGING, vol.26, no.9, pp.889-895, 2022 (SCI-Expanded)
- XXXIX. **Simpler modified fried frailty scale as a practical tool to evaluate physical frailty: Methodological report for its cross-cultural adaptation and validation**
Bahat G., Ilhan B., Erdogan T., Catikkas N. M., Karan M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz K., Morley J.
EXPERIMENTAL GERONTOLOGY, vol.166, 2022 (SCI-Expanded)
- XL. **Evaluating sarcopenia in cancer patients: The role of muscle strength**
BAHAT Z., Bahat G.
RADIOTHERAPY AND ONCOLOGY, vol.172, pp.147-148, 2022 (SCI-Expanded)
- XLII. **Paving the way for applying GLIM criteria in clinical practice and research: how to define mild to moderate and severe reduced muscle mass**
BAHAT-ÖZTÜRK G., Erdogan T., Cederholm T.
EUROPEAN GERIATRIC MEDICINE, vol.13, no.3, pp.611-614, 2022 (SCI-Expanded)
- XLIII. **Hypotension Under Antihypertensive Treatment and Incident Hospitalizations of Nursing Home Residents**
Bahat G., Ilhan B., Tufan Çinçin A., Kılıç C., Karan M. A., Petrovic M.
DRUGS & AGING, vol.39, no.6, pp.477-484, 2022 (SCI-Expanded)
- XLIII. **Barriers and facilitators in using a Clinical Decision Support System for fall risk management for older people: a European survey**
Ploegmakers K. J., Medlock S., Linn A. J., Lin Y., Seppala L. J., Petrovic M., Topinkova E., Ryg J., Mora M. A. C., Landi F., et al.
EUROPEAN GERIATRIC MEDICINE, vol.13, no.2, pp.395-405, 2022 (SCI-Expanded)
- XLIV. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part I: Management, Diagnosis, and Follow-up**
Umay E., Eyigör S., Ertekin C., Ünlü Z., Selcuk B., Bahat G., Karahan A. Y., Seçil Y., Gurcay E., Kiyhoğlu N., et al.
DYSPHAGIA, vol.37, no.2, pp.217-236, 2022 (SCI-Expanded)
- XLV. **Is there a relationship between ACTN3 R577X gene polymorphism and sarcopenia?**
Kahraman M., Ozulu Turkmen B., Bahat-Ozturk G., Catikkas N. M., Oren M. M., Sahin A., Daglar A., Ozturk S., Palanduz Ş., Diler A. S., et al.
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- XLVI. **Pay attention to muscle strength while assessing sarcopenia in cancer patients**
BAHAT Z., Bahat G.
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- XLVII. **Atrial fibrillation: a geriatric perspective on the 2020 ESC guidelines**
Polidori M. C., Alves M., Bahat G., Boureau A. S., Ozkok S., Pfister R., Pilotto A., Veronese N., Bo M.
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- XLVIII. **Commentary: Association of Sarcopenia with Toxicity and Survival in Postoperative Recurrent Esophageal Squamous Cell Carcinoma Patients Receiving Chemoradiotherapy**
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- XLIX. **Associations between polypharmacy and physical performance measures in older adults**
Ozkok S., Aydin C. O., Sacar D. E., Catikkas N. M., Erdogan T., KILIÇ C., Karan M. A., BAHAT-ÖZTÜRK G.
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- L. **Management of type 2 diabetes mellitus in older adults: eight case studies with focus SGLT-2 inhibitors and metformin**
Bahat G., Catikkas N. M., Karan M. A., Petrovic M.
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- LI. **SARC-F and other screening tests for sarcopenia**
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- LII. **Potentially inappropriate medications based on TIME criteria and risk of in-hospital mortality in COVID-19 patients**
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- LIII. **Orthogeriatrics: a vital requirement for improving fragility fracture patient care internationally with particular reference to Turkey**
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- LIV. **The current situation in the approach to osteoporosis in older adults in Turkey: areas in need of improvement with a model for other populations**
BAHAT-ÖZTÜRK G., Catikkas N. M., YAVUZ D., Borman P., Guzel R., Reginster J. Y.
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- LV. **Hypotension in Nursing Home Residents on Antihypertensive Treatment: Is it Associated with Mortality?**
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- LVI. **Sarcopenia quality-of-life questionnaire (SarQoL) (R): translation, cross-cultural adaptation and validation in Turkish**
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- LVII. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part II: Rehabilitation**
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- LVIII. **Muscle strength cutoff values calculated from the young reference population to evaluate sarcopenia in Turkish population**
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- LIX. **Sarcopenia in patients following stroke: an overlooked problem**
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- LX. **Protecting older patients with cardiovascular diseases from COVID-19 complications using current medications**
Alves M., Fernandes M. A., Bahat G., Benetos A., Clemente H., Grodzicki T., Martinez-Selles M., Mattace-Raso F., Rajkumar C., Ungar A., et al.
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- LXI. **Non-vitamin K antagonist oral anticoagulant use at doses inappropriately lower than recommended in outpatient older adults: a real-life data.**
Erdogan T., Erdogan O., Ozturk S., Oren M. M., Karan M. A., BAHAT-ÖZTÜRK G.
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- LXII. **STOPPFall(Screening Tool of Older Persons Prescriptions in older adults with high fall risk): a Delphi study by the EuGMS Task and Finish Group on Fall-Risk-Increasing Drugs**
Seppala L. J., Petrovic M., Ryg J., Bahat G., Topinkova E., Szczerbinska K., van der Cammen T. J. M., Hartikainen S., İlhan B., Landi F., et al.
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- LXIII. **SARC-F can detect sarcopenia with a high sensitivity**
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- LXIV. **Measuring calf circumference: a practical tool to predict skeletal muscle mass via adjustment with BMI**

BAHAT-ÖZTÜRK G.

AMERICAN JOURNAL OF CLINICAL NUTRITION, vol.113, no.6, pp.1398-1399, 2021 (SCI-Expanded)

- LXV. **International Validation of the Turkish Inappropriate Medication Use in the Elderly (TIME) Criteria Set: A Delphi Panel Study**
Bahat G., Ilhan B., Erdogan T., Oren M. M., Karan M. A., Burkhardt H., Denking M., Garfinkel D., Cruz-Jentoft A. J., Morrissey Y., et al.
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- LXVI. **Cut-off values of skeletal muscle index and psoas muscle index at L3 vertebra level by computerized tomography to assess low muscle mass**
Bahat G., Turkmen B. O., Aliyev S., Catikkas N. M., Bakir B., Karan M. A.
CLINICAL NUTRITION, vol.40, no.6, pp.4360-4365, 2021 (SCI-Expanded)
- LXVII. **Success of Simpler Modified Fried Frailty Scale to Predict Mortality among Nursing Home Residents**
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- LXVIII. **Clarifying the relationship between sarcopenia and depression in geriatric outpatients**
Delibas D. H., Eskut N., Ilhan B., Erdogan E., Karti D. T., Kusbeci O. Y., Bahat G.
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- LXIX. **Associations of sarcopenic obesity versus sarcopenia alone with functionality.**
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Clinical nutrition (Edinburgh, Scotland), vol.40, no.5, pp.2851-2859, 2021 (SCI-Expanded)
- LXX. **Cut-off points for height, weight and body mass index adjusted bioimpedance analysis measurements of muscle mass with use of different threshold definitions**
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Non Academic Experience

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