

Prof. Gülistan BAHAT-ÖZTÜRK

Personal Information

Office Phone: [+90 212 414 2000](tel:+902124142000) Extension: 33177

Office Phone: [+90 212 414 2000](tel:+902124142000) Extension: 31478

Fax Phone: [+90 212 414 2248](tel:+902124142248)

Email: gbahat-ozturk@istanbul.edu.tr

Web: <http://aves.istanbul.edu.tr/3065/>

Address: İstanbul Üniversitesi, İstanbul Tıp Fakültesi, İç Hastalıkları AD, Geriatri BD Sekreterliği, A Blok, 4.Kat, Çapa, Fatih / İstanbul

International Researcher IDs

ORCID: 0000-0001-5343-9795

Publons / Web Of Science ResearcherID: AAE-5508-2020

ScopusID: 6505705145

Yoksis Researcher ID: 167385

Education Information

Post Doctorate of Medicine, İstanbul University, Tip Fakültesi, Turkey 2004 - 2009

Expertise In Medicine, İstanbul University, Tip Fakültesi, Turkey 1998 - 2004

Undergraduate, Hacettepe University, Tip Fakültesi, Turkey 1992 - 1998

Foreign Languages

English, C1 Advanced

Dissertations

Expertise In Medicine, Tip 1 Diabetes Mellitus'lu kadınlarda polikistik over sendromu, hirsutizm, hiperandrojenizm sıklığı ve ilişkili parametrelerin değerlendirilmesi, İstanbul University, İstanbul Medical Faculty, İç Hastalıkları Anabilim Dalı, 2002

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Internal Diseases , Geriatrics

Academic Titles / Tasks

Associate Professor, İstanbul University, Tip Fakültesi, İç Hastalıkları, 2012 - Continues

Expert, İstanbul University, Tip Fakültesi, İç Hastalıkları, 2009 - 2012

Lecturer PhD, İstanbul University, Tip Fakültesi, İç Hastalıkları, 2004 - 2009

Research Assistant PhD, İstanbul University, Tip Fakültesi, İç Hastalıkları, 1998 - 2004

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Undernutrition in obese older adults by fat percentage**
Bozkurt M. E., Erdogan T., Catikkas N. M., Ozkok S., KILIÇ C., BAHAT-ÖZTÜRK G., Karan M. A.
Aging Clinical and Experimental Research, vol.36, no.1, 2024 (SCI-Expanded)
- II. **Response to letter by Masse O et al. STOPP/START version 3: clinical pharmacists are raising alarms**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- III. **The Current Landscape of Pharmacotherapies for Sarcopenia**
BAHAT-ÖZTÜRK G., Ozkok S.
Drugs and Aging, vol.41, no.2, pp.83-112, 2024 (SCI-Expanded)
- IV. **Cultural adaptation and clinical validation of Rapid Cognitive Screening Test in Turkish**
Erdogan T., Tufekcioglu Z., Sacar D. E., ÖREN ÇELİK M. M., BİLGİC B., KARAN M. A., BAHAT-ÖZTÜRK G.
PSYCHogeriatrics, vol.24, no.1, pp.87-93, 2024 (SCI-Expanded)
- V. **A European survey of older peoples' preferences, and perceived barriers and facilitators to inform development of a medication-related fall-prevention patient portal**
Ploegmakers K. J., Linn A., Medlock S., Seppälä L., BAHAT-ÖZTÜRK G., Caballero-Mora M., Ilhan B., Landi F., Masud T., Morrissey Y., et al.
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- VI. **Optimizing pharmacotherapy and deprescribing strategies in older adults living with multimorbidity and polypharmacy: EuGMS SIG on pharmacology position paper**
van Poelgeest E., Seppala L., BAHAT-ÖZTÜRK G., Ilhan B., Mair A., van Marum R., Onder G., Ryg J., Fernandes M. A., Cherubini A., et al.
European Geriatric Medicine, vol.14, no.6, pp.1195-1209, 2023 (SCI-Expanded)
- VII. **Clinical validation of SARC-F by proxy as a practical tool to evaluate sarcopenia in dependent older adults**
Ozkok S., Ören Çelik M. M., Aydin C. O., Özalp H., Kılıç C., Koc Y., Dogan H., Eryigit O. Y., Karan M. A., Bahat-Öztürk G.
JOURNAL OF GERIATRIC ONCOLOGY, vol.14, no.8, 2023 (SCI-Expanded)
- VIII. **Associations of EWGSOP1 and EWGSOP2 probable sarcopenia definitions with mortality: A comparative study**
Altinkaynak M., Gurel E., Ören Çelik M. M., Kılıç C., Karan M. A., Bahat-Öztürk G.
CLINICAL NUTRITION, vol.42, no.11, pp.2151-2158, 2023 (SCI-Expanded)
- IX. **The longitudinal associations of sarcopenia definitions with functional deterioration: a comparative study**
Bahat-Öztürk G., Bozkurt M. E., Ozkok S., Kılıç C., Karan M. A.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.35, no.10, pp.2089-2099, 2023 (SCI-Expanded)
- X. **Authors' response to points raised by Boland et al. regarding STOPP/START version 3 criteria**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- XI. **The effect of vitamin D on neurocognitive functions in older vitamin D deficient adults: a pilot longitudinal interventional study**
Turkmen B. O., Can B., Beker S., Beser B., BÜYÜKGÖK D., Dernek B., Bovatekin S., Kucukdagli P., Ilhan B., Kalem Ş. A., et al.
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- XII. **Which treatment strategy is preferred in the octogenarians with acute coronary syndrome?**
Aydin G., Golcuk E., BAHAT-ÖZTÜRK G.
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- XIII. **Management of Type 2 Diabetes in Frail Older Adults**
BAHAT-ÖZTÜRK G., Ozkok S., Petrovic M.
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- XIV. **Management of use of urinary antimuscarinics and alpha blockers for benign prostatic hyperplasia in older adults at risk of falls: a clinical review**
 İlhan B., Erdoğan T., Topinková E., BAHAT-ÖZTÜRK G.
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- XV. **STOPP/START criteria for potentially inappropriate prescribing in older people: version 3**
 O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- XVI. **Optimal use of oral nutritional supplements (ONS) in medical nutrition therapy: ONS consensus report from KEPAN**
 BAHAT-ÖZTÜRK G., AKMANSU M., Gungor L., Halil M., HOPANCI BIÇAKLI D., Koc N., Ozogul Y., SUNGURTEKİN H., Abbasoglu O.
EUROPEAN JOURNAL OF CLINICAL NUTRITION, vol.77, no.7, pp.705-709, 2023 (SCI-Expanded)
- XVII. **SIMPLER MODIFIED FRIED FRAILTY SCALE AS A PRACTICAL TOOL TO EVALUATE PHYSICAL FRAILTY: CROSS-CULTURAL ADAPTATION AND VALIDATION PROJECT**
 BAHAT-ÖZTÜRK G., İlhan B., Erdogan T., Catikkas N. M., KARAN M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz P., Morley J.
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- XVIII. **How to adjust muscle mass while defining sarcopenia component of sarcopenic obesity: is body weight sufficient enough to represent body size?**
 BAHAT-ÖZTÜRK G., ÖZKÖK S.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, no.3, pp.723-724, 2023 (SCI-Expanded)
- XIX. **Associations between obesity, self-reported weakness and their combinations with mortality in nursing home residents**
 Bahat G., İlhan B., Catikkas N. M., Tufan A., Ozturk S., Dogan H., Karan M. A.
ACTA CLINICA BELGICA, vol.78, no.2, pp.112-121, 2023 (SCI-Expanded)
- XX. **Geriatricians' perspective on findings from the STEP and the SPRINT trials with a special focus on their similarities and differences**
 Bahat G., Ozkok S., Petrovic M., Benetos A.
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- XXI. **Vitamin D in patients with COVID-19: is there a room for it?**
 Bahat G., Erbas Sacar D., Petrovic M.
Acta Clinica Belgica: International Journal of Clinical and Laboratory Medicine, vol.78, no.1, pp.71-77, 2023 (SCI-Expanded)
- XXII. **Treating Hypertension in Older Adults in Light of the Recent STEP Trial: Can We Implement the Findings in Geriatric Practice?**
 Bahat G., Ozkok S., Petrovic M.
DRUGS & AGING, vol.39, pp.915-921, 2022 (SCI-Expanded)
- XXIII. **Probable sarcopenia: associations with common geriatric syndromes and comorbidities in Turkish geriatric patients from a university hospital.**
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- XXIV. **Comparison of clinical characteristics and outcome measures of PCR-positive and PCR-negative patients diagnosed as COVID-19: Analyses focusing on the older adults**
 Senkal N., Bahat G., Medetalibeyoglu A., Cebeci T., Deniz D., Catma Y., Oren M. M., Caparali E. B., Bayrakdar S., Basaran S., et al.
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- XXV. **Deprescribing practices, habits and attitudes of geriatricians and geriatricians-in-training across Europe: a large web-based survey**
 van Poelgeest E. P., Seppala L. J., Lee J. M., Bahat G., İlhan B., Lavan A. H., Mair A., van Marum R. J., Onder G., Ryg J., et al.

- EUROPEAN GERIATRIC MEDICINE, vol.13, pp.1455-1466, 2022 (SCI-Expanded)
- XXVI. Sarcopenic obesity versus sarcopenia alone with the use of probable sarcopenia definition for sarcopenia: Associations with frailty and physical performance**
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- XXVII. Ideal medication review in older patients with cancer should include evaluation of frailty and prescription omission: Comment on the perspective "How-to-guide for medication reviews in older adults with cancer: A Young International Society of Geriatric Oncology and Nursing & Allied Health Group initiative"**
Bahat G., Ozkok S., BAHAT Z.
Journal of Geriatric Oncology, vol.13, no.8, pp.1281-1282, 2022 (SCI-Expanded)
- XXVIII. Sarcopenic obesity: a hot yet under considered evolving concept**
BAHAT-ÖZTÜRK G.
EUROPEAN GERIATRIC MEDICINE, vol.13, no.5, pp.1023-1024, 2022 (SCI-Expanded)
- XXIX. Symptomatology and imaging findings in early post-Covid period: A comparative study in older vs younger patients**
Bahat G., Medetalibeyoglu A., Senkal N., Cebeci T., Oren M. M., Basaran S., Arici H., Catma Y., Kose M., Karan M. A., et al.
EXPERIMENTAL GERONTOLOGY, vol.167, 2022 (SCI-Expanded)
- XXX. Prevalence and Associates of Frailty Status in Different Stages of Chronic Kidney Disease: A Cross-Sectional Study**
Ozturk S., Cetin D. G., Cetin M., Yilmaz M. D., Ozler T. E., Cebeci E., Karadag S., Feyizoglu H., BAHAT-ÖZTÜRK G.
JOURNAL OF NUTRITION HEALTH & AGING, vol.26, no.9, pp.889-895, 2022 (SCI-Expanded)
- XXXI. Can we grade low muscle mass while using GLIM criteria: It seems we can**
Bahat G., Catikkas N. M., Bahat Z., Karan M. A.
CLINICAL NUTRITION, vol.41, no.9, pp.2069-2070, 2022 (SCI-Expanded)
- XXXII. Simpler modified fried frailty scale as a practical tool to evaluate physical frailty: Methodological report for its cross-cultural adaptation and validation**
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- XXXIII. Evaluating sarcopenia in cancer patients: The role of muscle strength**
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- XXXIV. Hypotension Under Antihypertensive Treatment and Incident Hospitalizations of Nursing Home Residents**
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DRUGS & AGING, vol.39, no.6, pp.477-484, 2022 (SCI-Expanded)
- XXXV. Paving the way for applying GLIM criteria in clinical practice and research: how to define mild to moderate and severe reduced muscle mass**
BAHAT-ÖZTÜRK G., Erdogan T., Cederholm T.
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- XXXVI. Is there a relationship between ACTN3 R577X gene polymorphism and sarcopenia?**
Kahraman M., Ozulu Turkmen B., Bahat-Ozturk G., Catikkas N. M., Oren M. M., Sahin A., Daglar A., Ozturk S., Palanduz Ş., Diler A. S., et al.
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- XXXVII. Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part I: Management, Diagnosis, and Follow-up**
Umay E., Eyigör S., Ertekin C., Ünlü Z., Selcuk B., Bahat G., Karahan A. Y., Seçil Y., Gurcay E., Kiyloğlu N., et al.
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- XXXVIII. Barriers and facilitators in using a Clinical Decision Support System for fall risk management for older people: a European survey**

- Ploegmakers K. J., Medlock S., Linn A. J., Lin Y., Seppala L. J., Petrovic M., Topinkova E., Ryg J., Mora M. A. C., Landi F., et al.
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- XXXIX. Pay attention to muscle strength while assessing sarcopenia in cancer patients**
BAHAT Z., Bahat G.
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- XL. Atrial fibrillation: a geriatric perspective on the 2020 ESC guidelines**
Polidori M. C., Alves M., Bahat G., Boureau A. S., Ozkok S., Pfister R., Pilotto A., Veronese N., Bo M.
EUROPEAN GERIATRIC MEDICINE, vol.13, no.1, pp.5-18, 2022 (SCI-Expanded)
- XLI. Management of type 2 diabetes mellitus in older adults: eight case studies with focus SGLT-2 inhibitors and metformin**
Bahat G., Catikkas N. M., Karan M. A., Petrovic M.
ACTA CLINICA BELGICA, vol.77, no.4, pp.727-734, 2022 (SCI-Expanded)
- XLII. Associations between polypharmacy and physical performance measures in older adults**
Ozkok S., Aydin C. O., Sacar D. E., Catikkas N. M., Erdogan T., KILIÇ C., Karan M. A., BAHAT-ÖZTÜRK G.
Archives of Gerontology and Geriatrics, vol.98, 2022 (SCI-Expanded)
- XLIII. Commentary: Association of Sarcopenia with Toxicity and Survival in Postoperative Recurrent Esophageal Squamous Cell Carcinoma Patients Receiving Chemoradiotherapy**
BAHAT Z., Bahat G.
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- XLIV. SARC-F and other screening tests for sarcopenia**
Bahat G., Erdogan T., Ilhan B.
CURRENT OPINION IN CLINICAL NUTRITION AND METABOLIC CARE, vol.25, no.1, pp.37-42, 2022 (SCI-Expanded)
- XLV. Potentially inappropriate medications based on TIME criteria and risk of in-hospital mortality in COVID-19 patients**
Durmus N. S., TUFAN ÇİNÇİN A., Can B., OLgun YILDIZELİ Ş., KOCAKAYA D., Ilhan B., BAHAT-ÖZTÜRK G.
REVISTA DA ASSOCIAÇÃO MEDICA BRASILEIRA, vol.68, no.12, pp.1730-1736, 2022 (SCI-Expanded)
- XLVI. The current situation in the approach to osteoporosis in older adults in Turkey: areas in need of improvement with a model for other populations**
BAHAT-ÖZTÜRK G., Catikkas N. M., YAVUZ D., Borman P., Guzel R., Reginster J. Y.
Archives of Osteoporosis, vol.16, no.1, 2021 (SCI-Expanded)
- XLVII. Orthogeriatrics: a vital requirement for improving fragility fracture patient care internationally with particular reference to Turkey**
BAHAT-ÖZTÜRK G., Catikkas N. M., KARAN M. A., Reginster J. Y.
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- XLVIII. Sarcopenia quality-of-life questionnaire (SarQoL)(R): translation, cross-cultural adaptation and validation in Turkish**
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- XLIX. Hypotension in Nursing Home Residents on Antihypertensive Treatment: Is it Associated with Mortality?**
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- L. Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part II: Rehabilitation**
Umay E., Eyigor S., Ertekin C., Unlu Z., Selcuk B., Bahat G., Karahan A. Y., Secil Y., Gurcay E., Kiylioglu N., et al.
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- LI. Muscle strength cutoff values calculated from the young reference population to evaluate sarcopenia in Turkish population**
BAHAT-ÖZTÜRK G., Aydin C. O., Tufan A., Karan M. A., Cruz-Jentoft A. J.
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- LII. **Sarcopenia in patients following stroke: an overlooked problem**
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- LIII. **Protecting older patients with cardiovascular diseases from COVID-19 complications using current medications**
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- LIV. **Non-vitamin K antagonist oral anticoagulant use at doses inappropriately lower than recommended in outpatient older adults: a real-life data.**
 Erdogan T., Erdogan O., Ozturk S., Oren M. M., Karan M. A., BAHAT-ÖZTÜRK G.
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- LV. **SARC-F can detect sarcopenia with a high sensitivity**
 BAHAT-ÖZTÜRK G., Erbas Sacar D.
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- LVI. **STOPPFall(Screening Tool of Older Persons Prescriptions in older adults with high fall risk): a Delphi study by the EuGMS Task and Finish Group on Fall-Risk-Increasing Drugs**
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- LVII. **Measuring calf circumference: a practical tool to predict skeletal muscle mass via adjustment with BMI**
 BAHAT-ÖZTÜRK G.
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- LVIII. **International Validation of the Turkish Inappropriate Medication Use in the Elderly (TIME) Criteria Set: A Delphi Panel Study**
 Bahat G., Ilhan B., Erdogan T., Oren M. M., Karan M. A., Burkhardt H., Denkinger M., Garfinkel D., Cruz-Jentoft A. J., Morrissey Y., et al.
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- LIX. **Cut-off values of skeletal muscle index and psoas muscle index at L3 vertebra level by computerized tomography to assess low muscle mass**
 Bahat G., Turkmen B. O., Aliyev S., Catikkas N. M., Bakir B., Karan M. A.
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- LX. **Success of Simpler Modified Fried Frailty Scale to Predict Mortality among Nursing Home Residents**
 Bahat G., Ilhan B., Tufan A., Dogan H., Karan M. A.
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- LXI. **Associations of sarcopenic obesity versus sarcopenia alone with functionality.**
 Bahat-Öztürk G., Kılıç C., Ozkok S., Ozturk S., Karan M. A.
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- LXII. **Clarifying the relationship between sarcopenia and depression in geriatric outpatients**
 Delibas D. H., Eskut N., Ilhan B., Erdogan E., Karti D. T., Kusbeci O. Y., Bahat G.
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- LXIII. **Cut-off points for height, weight and body mass index adjusted bioimpedance analysis measurements of muscle mass with use of different threshold definitions**
 Bahat G., Tufan A., Kılıç C., Aydin T., Akpinar T. S., Köse M., Erten N., Karan M. A., Cruz-Jentoft A. J.
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- LXIV. **A new screening tool for self-neglect in community-dwelling older adults: IMSelf-neglect questionnaire**
 Ilhan B., Bahat G., Saka F., Kılıç C., Ören M. M., Karan M. A.
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- LXV. **Prevalence of sarcopenia and its components in community-dwelling outpatient older adults and**

- their relation with functionality**
 Bahat G., Tufan A., Kılıç C., Karan M. A., Cruz-Jentoft A. J.
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- LXVI. Fat percentage cutoff values to define obesity and prevalence of sarcopenic obesity in community-dwelling older adults in Turkey**
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- LXVII. Mannose binding lectin gene 2 (rs1800450) missense variant may contribute to development and severity of COVID-19 infection.**
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- LXVIII. Geriatric care in European countries where geriatric medicine is still emerging**
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- LXIX. The thresholds for components of sarcopenia: need for an objective approach**
 Bahat G., Karan M. A.
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- LXX. Ability of SARC-F to Find Probable Sarcopenia Cases in Older Adults.**
 Erbaş Saçar D., Kılıç C., Karan M. A., Bahat G.
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- LXXI. Power Versus Sarcopenia: Associations with Functionality and Physical Performance Measures.**
 Bahat G., Kılıç C., Eriş S., Karan M. A.
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- LXXII. Prevalence and Associates of Fear of Falling among Community-Dwelling Older Adults.**
 Bahat Öztürk G., Kılıç C., Bozkurt M. E., Karan M. A.
The journal of nutrition, health & aging, vol.25, no.4, pp.433-439, 2021 (SCI-Expanded)
- LXXIII. SARC-F Questionnaire Detects Frailty in Older Adults.**
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