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## International Researcher IDs

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## Education Information

Post Doctorate of Medicine, Istanbul University, Tıp Fakültesi, Turkey 2004 - 2009

Expertise In Medicine, Istanbul University, Tıp Fakültesi, Turkey 1998 - 2004

Undergraduate, Hacettepe University, Tıp Fakültesi, Turkey 1992 - 1998

## Foreign Languages

English, C1 Advanced

## Dissertations

Expertise In Medicine, Tip 1 Diabetes Mellitus'lu kadınlarda polikistik over sendromu, hirsutizm, hiperandrojenizm sıklığı ve ilişkili parametrelerin değerlendirilmesi, Istanbul University, Istanbul Medical Faculty, İç Hastalıkları Anabilim Dalı, 2002

## Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Internal Diseases , Geriatrics

## Academic Titles / Tasks

Associate Professor, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2012 - Continues

Expert, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2009 - 2012

Lecturer PhD, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 2004 - 2009

Research Assistant PhD, Istanbul University, Tıp Fakültesi, İç Hastalıkları, 1998 - 2004

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Undernutrition in obese older adults by fat percentage**  
Bozkurt M. E., Erdogan T., Catikkas N. M., Ozkok S., KILIÇ C., BAHAT-ÖZTÜRK G., Karan M. A.  
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- II. **Sarcopenia emerges as a risk factor for cardiac diastolic dysfunction: a new focus for research**  
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Nutrition, vol.126, 2024 (SCI-Expanded)
- III. **Nutrition for the older adult – Current concepts. Report from an ESPEN symposium**  
Volkert D., Delzenne N., Demirkan K., Schneider S., Abbasoglu O., BAHAT-ÖZTÜRK G., Barazzoni R., Bauer J., Cuerda C., de van der Schueren M., et al.  
Clinical Nutrition, vol.43, no.8, pp.1815-1824, 2024 (SCI-Expanded)
- IV. **A European survey of older peoples' preferences, and perceived barriers and facilitators to inform development of a medication-related fall-prevention patient portal**  
Ploegmakers K. J., Linn A., Medlock S., Seppälä L., BAHAT-ÖZTÜRK G., Caballero-Mora M., Ilhan B., Landi F., Masud T., Morrissey Y., et al.  
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- V. **Response to letter by Masse O et al. STOPP/START version 3: clinical pharmacists are raising alarms**  
O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.  
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- VI. **The Current Landscape of Pharmacotherapies for Sarcopenia**  
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Drugs and Aging, vol.41, no.2, pp.83-112, 2024 (SCI-Expanded)
- VII. **The effects of diuretic deprescribing in adult patients: A systematic review to inform an evidence-based diuretic deprescribing guideline**  
van Poelgeest E., Paoletti L., Özkök S., Pinar E., BAHAT-ÖZTÜRK G., Vuong V., Topinková E., Daams J., McCarthy L., Thompson W., et al.  
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- VIII. **Cultural adaptation and clinical validation of Rapid Cognitive Screening Test in Turkish**  
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- IX. **A peculiar cause of dysphagia**  
Kucukdagli P., Yilmaz O., BAHAT-ÖZTÜRK G.  
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- X. **Optimizing pharmacotherapy and deprescribing strategies in older adults living with multimorbidity and polypharmacy: EuGMS SIG on pharmacology position paper**  
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- XI. **Associations of EWGSOP1 and EWGSOP2 probable sarcopenia definitions with mortality: A comparative study**  
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- XII. **Clinical validation of SARC-F by proxy as a practical tool to evaluate sarcopenia in dependent older adults**  
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- XIII. **Authors' response to points raised by Boland et al. regarding STOPP/START version 3 criteria**  
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- XIV. **The longitudinal associations of sarcopenia definitions with functional deterioration: a comparative study**  
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- XV. **The effect of vitamin D on neurocognitive functions in older vitamin D deficient adults: a pilot longitudinal interventional study**  
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- XVI. **Management of Type 2 Diabetes in Frail Older Adults**  
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- XVII. **Which treatment strategy is preferred in the octogenarians with acute coronary syndrome?**  
Aydin G., Golcuk E., BAHAT-ÖZTÜRK G.  
Journal of the Pakistan Medical Association, vol.73, no.9, pp.1800-1804, 2023 (SCI-Expanded)
- XVIII. **STOPP/START criteria for potentially inappropriate prescribing in older people: version 3**  
O'Mahony D., Cherubini A., Guiteras A. R., Denkinger M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.  
European Geriatric Medicine, vol.14, no.4, pp.625-632, 2023 (SCI-Expanded)
- XIX. **Management of use of urinary antimuscarinics and alpha blockers for benign prostatic hyperplasia in older adults at risk of falls: a clinical review**  
İlhan B., Erdoğan T., Topinková E., BAHAT-ÖZTÜRK G.  
European Geriatric Medicine, vol.14, no.4, pp.733-746, 2023 (SCI-Expanded)
- XX. **Optimal use of oral nutritional supplements (ONS) in medical nutrition therapy: ONS consensus report from KEPAN**  
BAHAT-ÖZTÜRK G., AKMANSU M., Gungor L., Halil M., HOPANCI BIÇAKLI D., Koc N., Ozogul Y., SUNGURTEKİN H., Abbasoglu O.  
EUROPEAN JOURNAL OF CLINICAL NUTRITION, vol.77, no.7, pp.705-709, 2023 (SCI-Expanded)
- XXI. **SIMPLER MODIFIED FRIED FRAILTY SCALE AS A PRACTICAL TOOL TO EVALUATE PHYSICAL FRAILTY: CROSS-CULTURAL ADAPTATION AND VALIDATION PROJECT**  
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- XXIII. **Geriatricians' perspective on findings from the STEP and the SPRINT trials with a special focus on their similarities and differences**  
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- XXIV. **Vitamin D in patients with COVID-19: is there a room for it?**  
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- XXVI. **Deprescribing practices, habits and attitudes of geriatricians and geriatricians-in-training across Europe: a large web-based survey**

- van Poelgeest E. P., Seppala L. J., Lee J. M., Bahat G., Ilhan B., Lavan A. H., Mair A., van Marum R. J., Onder G., Ryg J., et al.  
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- XXVII. **Comparison of clinical characteristics and outcome measures of PCR-positive and PCR-negative patients diagnosed as COVID-19: Analyses focusing on the older adults**  
Senkal N., Bahat G., Medetalibeyoglu A., Cebeci T., Deniz D., Catma Y., Oren M. M., Caparali E. B., Bayrakdar S., Basaran S., et al.  
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- XXVIII. **Probable sarcopenia: associations with common geriatric syndromes and comorbidities in Turkish geriatric patients from a university hospital.**  
Sacar D. E., Kılıç C., Oren M. M., Erdogan T., Ozkok S., Aydin C. O., Catikkas N. M., Karan M. A., Bahat-Öztürk G.  
European geriatric medicine, vol.13, no.6, pp.1299-1308, 2022 (SCI-Expanded)
- XXIX. **Treating Hypertension in Older Adults in Light of the Recent STEP Trial: Can We Implement the Findings in Geriatric Practice?**  
Bahat G., Ozkok S., Petrovic M.  
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- XXX. **Ideal medication review in older patients with cancer should include evaluation of frailty and prescription omission: Comment on the perspective "How-to-guide for medication reviews in older adults with cancer: A Young International Society of Geriatric Oncology and Nursing & Allied Health Group initiative"**  
Bahat G., Ozkok S., BAHAT Z.  
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- XXXI. **Sarcopenic obesity versus sarcopenia alone with the use of probable sarcopenia definition for sarcopenia: Associations with frailty and physical performance**  
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- XXXII. **Symptomatology and imaging findings in early post-Covid period: A comparative study in older vs younger patients**  
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- XXXIII. **Sarcopenic obesity: a hot yet under considered evolving concept**  
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- XXXIV. **Can we grade low muscle mass while using GLIM criteria: It seems we can**  
Bahat G., Catikkas N. M., Bahat Z., Karan M. A.  
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- XXXV. **Simpler modified fried frailty scale as a practical tool to evaluate physical frailty: Methodological report for its cross-cultural adaptation and validation**  
Bahat G., Ilhan B., Erdogan T., Catikkas N. M., Karan M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz K., Morley J.  
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- XXXVI. **Prevalence and Associates of Frailty Status in Different Stages of Chronic Kidney Disease: A Cross-Sectional Study**  
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- XXXVII. **Evaluating sarcopenia in cancer patients: The role of muscle strength**  
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- XXXVIII. **Hypotension Under Antihypertensive Treatment and Incident Hospitalizations of Nursing Home Residents**  
Bahat G., Ilhan B., Tufan Çinçin A., Kılıç C., Karan M. A., Petrovic M.

DRUGS & AGING, vol.39, no.6, pp.477-484, 2022 (SCI-Expanded)

- XXXIX. **Paving the way for applying GLIM criteria in clinical practice and research: how to define mild to moderate and severe reduced muscle mass**  
BAHAT-ÖZTÜRK G., Erdogan T., Cederholm T.  
EUROPEAN GERIATRIC MEDICINE, vol.13, no.3, pp.611-614, 2022 (SCI-Expanded)
- XL. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part I: Management, Diagnosis, and Follow-up**  
Umay E., Eyigör S., Ertekin C., Ünlü Z., Selcuk B., Bahat G., Karahan A. Y., Seçil Y., Gurcay E., Kiyhoğlu N., et al.  
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- XLI. **Is there a relationship between ACTN3 R577X gene polymorphism and sarcopenia?**  
Kahraman M., Ozulu Turkmen B., Bahat-Ozturk G., Catikkas N. M., Oren M. M., Sahin A., Daglar A., Ozturk S., Palanduz Ş., Diler A. S., et al.  
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.34, no.4, pp.757-765, 2022 (SCI-Expanded)
- XLII. **Barriers and facilitators in using a Clinical Decision Support System for fall risk management for older people: a European survey**  
Ploegmakers K. J., Medlock S., Linn A. J., Lin Y., Seppala L. J., Petrovic M., Topinkova E., Ryg J., Mora M. A. C., Landi F., et al.  
EUROPEAN GERIATRIC MEDICINE, vol.13, no.2, pp.395-405, 2022 (SCI-Expanded)
- XLIII. **Pay attention to muscle strength while assessing sarcopenia in cancer patients**  
BAHAT Z., Bahat G.  
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- XLIV. **Atrial fibrillation: a geriatric perspective on the 2020 ESC guidelines**  
Polidori M. C., Alves M., Bahat G., Boureau A. S., Ozkok S., Pfister R., Pilotto A., Veronese N., Bo M.  
EUROPEAN GERIATRIC MEDICINE, vol.13, no.1, pp.5-18, 2022 (SCI-Expanded)
- XLV. **Management of type 2 diabetes mellitus in older adults: eight case studies with focus SGLT-2 inhibitors and metformin**  
Bahat G., Catikkas N. M., Karan M. A., Petrovic M.  
ACTA CLINICA BELGICA, vol.77, no.4, pp.727-734, 2022 (SCI-Expanded)
- XLVI. **Potentially inappropriate medications based on TIME criteria and risk of in-hospital mortality in COVID-19 patients**  
Durmus N. S., TUFAN ÇİNÇİN A., Can B., OLGUN YILDIZELİ Ş., KOCAKAYA D., İlhan B., BAHAT-ÖZTÜRK G.  
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- XLVII. **Associations between polypharmacy and physical performance measures in older adults**  
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- XLVIII. **Commentary: Association of Sarcopenia with Toxicity and Survival in Postoperative Recurrent Esophageal Squamous Cell Carcinoma Patients Receiving Chemoradiotherapy**  
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- XLIX. **SARC-F and other screening tests for sarcopenia**  
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- L. **The current situation in the approach to osteoporosis in older adults in Turkey: areas in need of improvement with a model for other populations**  
BAHAT-ÖZTÜRK G., Catikkas N. M., YAVUZ D., Borman P., Guzel R., Reginster J. Y.  
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- LI. **Orthogeriatrics: a vital requirement for improving fragility fracture patient care internationally with particular reference to Turkey**  
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- LII. **Sarcopenia quality-of-life questionnaire (SarQoL)(R): translation, cross-cultural adaptation and**

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- LIII. **Hypotension in Nursing Home Residents on Antihypertensive Treatment: Is it Associated with Mortality?**  
Bahat-Öztürk G., Ilhan B., Tufan A., Muratli S., Ozkaya H., Kılıç C., Oren M. M., Dogan H., Karisik E., Karan M. A., et al.  
Journal of the American Medical Directors Association, vol.22, no.11, 2021 (SCI-Expanded)
- LIV. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part II: Rehabilitation**  
Umay E., Eyigor S., Ertekin C., Unlu Z., Selcuk B., Bahat G., Karahan A. Y., Secil Y., Gurcay E., Kiylioglu N., et al.  
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- LV. **Muscle strength cutoff values calculated from the young reference population to evaluate sarcopenia in Turkish population**  
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- LVI. **Sarcopenia in patients following stroke: an overlooked problem**  
Aydin T., Kesiktaş F. N., Oren M. M., Erdogan T., Ahisha Y. C., Kizilkurt T., Corum M., Karacan I., Ozturk S., Bahat G.  
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- LVII. **Protecting older patients with cardiovascular diseases from COVID-19 complications using current medications**  
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- LVIII. **Non-vitamin K antagonist oral anticoagulant use at doses inappropriately lower than recommended in outpatient older adults: a real-life data.**  
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- LIX. **SARC-F can detect sarcopenia with a high sensitivity**  
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- LX. **STOPPFall(Screening Tool of Older Persons Prescriptions in older adults with high fall risk): a Delphi study by the EuGMS Task and Finish Group on Fall-Risk-Increasing Drugs**  
Seppala L. J., Petrovic M., Ryg J., Bahat G., Topinkova E., Szczerbinska K., van der Cammen T. J. M., Hartikainen S., Ilhan B., Landi F., et al.  
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- LXI. **Measuring calf circumference: a practical tool to predict skeletal muscle mass via adjustment with BMI**  
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- LXII. **Cut-off values of skeletal muscle index and psoas muscle index at L3 vertebra level by computerized tomography to assess low muscle mass**  
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- LXIII. **International Validation of the Turkish Inappropriate Medication Use in the Elderly (TIME) Criteria Set: A Delphi Panel Study**  
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- LXIV. **Success of Simpler Modified Fried Frailty Scale to Predict Mortality among Nursing Home Residents**  
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- LXV. **Clarifying the relationship between sarcopenia and depression in geriatric outpatients**  
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- LXVI. **Associations of sarcopenic obesity versus sarcopenia alone with functionality.**  
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- LXVII. **Mannose binding lectin gene 2 (rs1800450) missense variant may contribute to development and severity of COVID-19 infection.**  
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- LXVIII. **A new screening tool for self-neglect in community-dwelling older adults: IMSelf-neglect questionnaire**  
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- LXIX. **Fat percentage cutoff values to define obesity and prevalence of sarcopenic obesity in community-dwelling older adults in Turkey**  
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- LXX. **Prevalence of sarcopenia and its components in community-dwelling outpatient older adults and their relation with functionality**  
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- XCv. Prevalence of potentially inappropriate prescribing among older adults: a comparison of the Beers 2012 and Screening Tool of Older Person's Prescriptions (STOPP) Criteria Version 2**  
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- C. District of Fatih-Geriatrics Study: the nutritional problems of the elderly people living in the community**  
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- CVIII. **Fatih district of geriatrics study: effective factors on depressive mood in elders living in the community**  
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- CXII. **Falling of elderly living in the community**  
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- CXIII. **TÜRK TOPLUMUNDA FARKLI SARKOPENİK KAS KÜTLESİ TANIMLAMALARINA İLİŞKİN EŞİK DEĞERLERİ**  
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- CXXII. Simplified Nutritional Appetite Questionnaire (SNAQ): an alternative test for geriatric nutritional assessment**  
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- CXXIII. An underdiagnosed geriatric syndrome: a survey of chronic pain in an elderly population**  
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- CXXV. Sleep disorders and elderly population: How often is it – How much enough do we care of it?**  
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- CXXVI. Frequency of frailty syndrome in elders older than 75 years of age according to the FRAIL criteria**  
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- CXXVII. Assessment of frequency and predictors of depression in elders older than age 75**  
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- CXXVIII. Different nations, so different cut-off points: a reference population to define muscle mass and function cut-off points from Turkey**

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- CXXX. **Pozitron Emisyon Tomografisinin Lenfoproliferatif Hastalık Ekstrapulmoner Tüberküloz Vakalarının Ayrımında Tanısal Değeri Var mı**  
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- CXXXI. **The relationship between handgrip-pinch strength and age in young and older adults**  
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9th Congress of the EUGMS, Venice, Italy, 2 - 04 October 2013, vol.4, no.1, pp.103
- CXXXII. **TOPLUMDA YAŞAYAN YAŞLILARDA DÜŞME VE/VEYA DÜŞME KORKUSUNU BELİRLEYEN FAKTÖRLER**  
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European Congress on Osteoporosis and Osteoarthritis (ESCEO-IOF), Rome, Italy, 17 - 20 April 2013, vol.24
- CXXXV. **Renal hastalık hikayesi olmayan Geriatrik ileri yaş kadınlar ile böbrek donör adayı orta yaş, genç kadınlardan oluşan iki farklı grup arasında Tc99m-DTPA ile ölçülen glomerüler filtrasyon değerlerinin 24 saatlik değerleri ile Cockcrof-Gault (C-G) denkleminde serum kreatinin, yaş, ağırlık değerleri ile karşılaştırılması**  
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- I. **SS-049 BAKİMEVİNDE KALAN BİREYLERDE OBEZİTE, SUBJEKTİF OLASI SARKOPENİ VE BUNLARIN BİRLİKTELİĞİNİN MORTALİTE İLE İLİŞKİSİ**  
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- II. **LOW BODY MASS INDEX AS A RISK FACTOR FOR FUNCTIONAL DEPENDENCY IN FRAIL INDIVIDUALS**  
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Other, pp.2032, 2018
- III. **LOW BODY MASS INDEX AS A RISK FACTOR FOR FUNCTIONAL DEPENDENCY IN FRAIL INDIVIDUALS**  
TUFAN A., BAHAT-ÖZTÜRK G.  
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- IV. **Sarkopeni Egzersiz Broşürü**  
Kılıç C., Saka F., Bahat-Öztürk G.  
Other, pp.1-20, 2018
- V. **Düşmeyi Önlemek İçin Ne Yapabiliriz**  
Kılıç C., Bahat-Öztürk G., Tufan Çiçin A., Karan M. A.  
Other, pp.1-20, 2018
- VI. **Potential contribution of diabetes mellitus to orthostatic blood pressure fall and conversion of mild**

**cognitive impairment to dementia.**

MURATLI S., Tufan F., SOYLUK SELÇUKBİRİCİK Ö., BAHAT-ÖZTÜRK G., KARAN M. A.  
Other, pp.83-84, 2016

**VII. Nitrofurantoin and older women.**

TOPÇU Y., Tufan F., BAHAT-ÖZTÜRK G., KARAN M. A.  
Other, pp.1236, 2015

**VIII. Higher failure of female older asthma patients in use of inhalants: is it due to older age and/or cognition problems?**

SOYLUK SELÇUKBİRİCİK Ö., BAHAT-ÖZTÜRK G.  
Other, pp.1897-1899, 2015

**IX. Higher failure of female older asthma patients in use of inhalants: is it due to older age and/or cognition problems?**

SOYLUK SELÇUKBİRİCİK Ö., BAHAT-ÖZTÜRK G.  
Other, pp.1897-1899, 2015

**X. Importance of hypoglycemia on the risk of Alzheimer's disease in elderly subjects with diabetes mellitus.**

MURATLI S., Tufan F., SOYLUK SELÇUKBİRİCİK Ö., BAHAT-ÖZTÜRK G., KARAN M. A.  
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**XI. Nitrofurantoin and older women.**

TOPÇU Y., Tufan F., BAHAT-ÖZTÜRK G., KARAN M. A.  
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Other, pp.1657-1658, 2015

**XIX. Potential underdiagnosis of osteoporosis in repeated vertebral augmentation for new vertebral compression fractures.**

İLHAN B., TUFAN F., BAHAT-ÖZTÜRK G., KARAN M. A.

Other, pp.1475-1476, 2015

- XX. **Potential underdiagnosis of osteoporosis in repeated vertebral augmentation for new vertebral compression fractures.**

İLHAN B., TUFAN F., BAHAT-ÖZTÜRK G., KARAN M. A.

Other, pp.1475-1476, 2015

- XXI. **Risk of proton pump inhibitor-induced mild hyponatremia in older adults.**

BAHAT-ÖZTÜRK G.

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- XXII. **Risk of proton pump inhibitor-induced mild hyponatremia in older adults.**

BAHAT-ÖZTÜRK G.

Other, pp.1206-1207, 2014

## Supported Projects

YILMAZ AYKENT Ö., BAHAT-ÖZTÜRK G., TUFAN F., KARAN M. A., Project Supported by Higher Education Institutions, Dysphagia among in the community dwelling elderly people How often How we aware, 2016 - 2017

BAHAT-ÖZTÜRK G., Project Supported by Higher Education Institutions, YAŞLI BİREYLERDE SERUM KREATİNİN VE KAS KÜTLESİ DEĞERLERİ KULLANILARAK HESAPLANAN GLOMERÜLER FİLTASYON HIZININ STANDART COCKCROFT-GAULT FORMÜLÜ, SERUM SİSTATİN C İÇEREN GLOMERÜLER FİLTASYON HIZI FORMÜLLERİ VE 99MTC-DTPA KLERENSİ İLE HESAPLANAN GLOMERÜLER FİLTASYON HIZI İLE KARŞILAŞTIRILMASI, 2009 - 2013

## Scientific Refereeing

European Geriatric Medicine, SCI Journal, December 2019

Age and Aging, SCI Journal, December 2019

Haseki Tıp Bülteni, National Scientific Refreed Journal, December 2019

BMC Musculoskeletal Disorders, SCI Journal, November 2019

Aging Clinical And Experimental Research, SCI Journal, October 2019

European Geriatric Medicine, SCI Journal, August 2019

European Journal of Geriatrics and Gerontology, Other Indexed Journal, August 2019

Nöropsikiyatri Arşivi, National Scientific Refreed Journal, July 2019

Aging Clinical And Experimental Research, SCI Journal, July 2019

Nöropsikiyatri Arşivi, National Scientific Refreed Journal, July 2019

PLOS One, SCI Journal, July 2019

Peer J Journals, Other Indexed Journal, July 2019

European Geriatric Medicine, Journal Indexed in SSCI, July 2019

Aging Clinical And Experimental Research, SCI Journal, July 2019

European Journal of Geriatrics and Gerontology, Other Indexed Journal, July 2019

Clinical Nutrition ESPEN, Other Indexed Journal, July 2019

Journal of Parenteral and Enteral Nutrition, SCI Journal, June 2019

The Aging Male, SCI Journal, May 2019

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## **Non Academic Experience**

İSTANBUL TIP FAKÜLTESİ