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ScopusID: 6505705145

Yoksis Araştırmacı ID: 167385

Eğitim Bilgileri

Tıpta Yandal Uzmanlık, İstanbul Üniversitesi, Tıp Fakültesi, Türkiye 2004 - 2009

Tıpta Uzmanlık, İstanbul Üniversitesi, Tıp Fakültesi, Türkiye 1998 - 2004

Lisans, Hacettepe Üniversitesi, Tıp Fakültesi, Türkiye 1992 - 1998

Yabancı Diller

İngilizce, C1 İleri

Yaptığı Tezler

Tıpta Uzmanlık, Tıp 1 Diabetes Mellitus'lu kadınlarda polikistik over sendromu, hirsütizm, hiperandrojenizm sıklığı ve ilişkili parametrelerin değerlendirilmesi, İstanbul Üniversitesi, İstanbul Tıp Fakültesi, İç Hastalıkları Anabilim Dalı, 2002

Araştırma Alanları

Tıp, Sağlık Bilimleri, Dahili Tıp Bilimleri, İç Hastalıkları, Geriatri

Akademik Unvanlar / Görevler

Doç. Dr., İstanbul Üniversitesi, Tıp Fakültesi, İç Hastalıkları, 2012 - Devam Ediyor

Uzman, İstanbul Üniversitesi, Tıp Fakültesi, İç Hastalıkları, 2009 - 2012

Öğretim Görevlisi Dr., İstanbul Üniversitesi, Tıp Fakültesi, İç Hastalıkları, 2004 - 2009

Araştırma Görevlisi Dr., İstanbul Üniversitesi, Tıp Fakültesi, İç Hastalıkları, 1998 - 2004

SCI, SSCI ve AHCI İndekslerine Giren Dergilerde Yayınlanan Makaleler

- I. **Undernutrition in obese older adults by fat percentage**
Bozkurt M. E., Erdogan T., Catikkas N. M., Ozkok S., KILIÇ C., BAHAT-ÖZTÜRK G., Karan M. A.
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- II. **Twelve hot questions in the management of hypertension in patients aged 80+ years and their answers with the help of the 2023 European Society of Hypertension Guidelines**
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- III. **A peculiar cause of dysphagia**
Kucukdagli P., Yilmaz O., BAHAT-ÖZTÜRK G.
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- IV. **Sarcopenia emerges as a risk factor for cardiac diastolic dysfunction: a new focus for research**
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- V. **Nutrition for the older adult – Current concepts. Report from an ESPEN symposium**
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- VI. **Investigation of the prevalence of functional constipation and its related factors for in older outpatients**
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- VII. **A European survey of older peoples' preferences, and perceived barriers and facilitators to inform development of a medication-related fall-prevention patient portal**
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- VIII. **Response to letter by Masse O et al. STOPP/START version 3: clinical pharmacists are raising alarms**
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- IX. **The Current Landscape of Pharmacotherapies for Sarcopenia**
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- X. **The effects of diuretic deprescribing in adult patients: A systematic review to inform an evidence-based diuretic deprescribing guideline**
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- XI. **Cultural adaptation and clinical validation of Rapid Cognitive Screening Test in Turkish**
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- XII. **Comparison of two different frailty screening scales for predicting mortality due to all causes in older inpatients**
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- XIII. **Optimizing pharmacotherapy and deprescribing strategies in older adults living with multimorbidity and polypharmacy: EuGMS SIG on pharmacology position paper**
van Poelgeest E., Seppala L., BAHAT-ÖZTÜRK G., Ilhan B., Mair A., van Marum R., Onder G., Ryg J., Fernandes M. A.,

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- XIV. **Associations of EWGSOP1 and EWGSOP2 probable sarcopenia definitions with mortality: A comparative study**
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- XV. **Clinical validation of SARC-F by proxy as a practical tool to evaluate sarcopenia in dependent older adults**
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- XVI. **Authors' response to points raised by Boland et al. regarding STOPP/START version 3 criteria**
O'Mahony D., Cherubini A., Guiteras A. R., Denkinge M., Beuscart J., Onder G., Gudmundsson A., Cruz-Jentoft A. J., Knol W., BAHAT-ÖZTÜRK G., et al.
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- XVII. **The longitudinal associations of sarcopenia definitions with functional deterioration: a comparative study**
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- XVIII. **The effect of vitamin D on neurocognitive functions in older vitamin D deficient adults: a pilot longitudinal interventional study**
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- XIX. **Management of Type 2 Diabetes in Frail Older Adults**
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- XX. **Which treatment strategy is preferred in the octogenarians with acute coronary syndrome?**
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- XXI. **Management of use of urinary antimuscarinics and alpha blockers for benign prostatic hyperplasia in older adults at risk of falls: a clinical review**
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- XXII. **STOPP/START criteria for potentially inappropriate prescribing in older people: version 3**
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- XXIII. **SIMPLER MODIFIED FRIED FRAILTY SCALE AS A PRACTICAL TOOL TO EVALUATE PHYSICAL FRAILTY: CROSS-CULTURAL ADAPTATION AND VALIDATION PROJECT**
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- XXIV. **Optimal use of oral nutritional supplements (ONS) in medical nutrition therapy: ONS consensus report from KEPAN**
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- XXV. **How to adjust muscle mass while defining sarcopenia component of sarcopenic obesity: is body weight sufficient enough to represent body size?**
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- XXVI. **Associations between obesity, self-reported weakness and their combinations with mortality in nursing home residents**
Bahat G., Ilhan B., Catikkas N. M., Tufan A., Ozturk S., Dogan H., Karan M. A.
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- XXVII. **Geriatricians' perspective on findings from the STEP and the SPRINT trials with a special focus on their similarities and differences**
Bahat G., Ozkok S., Petrovic M., Benetos A.
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- XXVIII. **Vitamin D in patients with COVID-19: is there a room for it?**
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- XXIX. **Deprescribing practices, habits and attitudes of geriatricians and geriatricians-in-training across Europe: a large web-based survey**
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- XXX. **Comparison of clinical characteristics and outcome measures of PCR-positive and PCR-negative patients diagnosed as COVID-19: Analyses focusing on the older adults**
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- XXXI. **Probable sarcopenia: associations with common geriatric syndromes and comorbidities in Turkish geriatric patients from a university hospital.**
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- XXXII. **Treating Hypertension in Older Adults in Light of the Recent STEP Trial: Can We Implement the Findings in Geriatric Practice?**
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- XXXIII. **Sarcopenic obesity versus sarcopenia alone with the use of probable sarcopenia definition for sarcopenia: Associations with frailty and physical performance**
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- XXXIV. **Ideal medication review in older patients with cancer should include evaluation of frailty and prescription omission: Comment on the perspective "How-to-guide for medication reviews in older adults with cancer: A Young International Society of Geriatric Oncology and Nursing & Allied Health Group initiative"**
Bahat G., Ozkok S., BAHAT Z.
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- XXXV. **Sarcopenic obesity: a hot yet under considered evolving concept**
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- XXXVI. **Symptomatology and imaging findings in early post-Covid period: A comparative study in older vs younger patients**
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- XXXVII. **Can we grade low muscle mass while using GLIM criteria: It seems we can**
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- XXXVIII. **Prevalence and Associates of Frailty Status in Different Stages of Chronic Kidney Disease: A Cross-Sectional Study**
Ozturk S., Cetin D. G., Cetin M., Yilmaz M. D., Ozler T. E., Cebeci E., Karadag S., Feyizoglu H., BAHAT-ÖZTÜRK G.
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- XXXIX. **Simpler modified fried frailty scale as a practical tool to evaluate physical frailty: Methodological report for its cross-cultural adaptation and validation**
Bahat G., Ilhan B., Erdogan T., Catikkas N. M., Karan M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz K., Morley J.
EXPERIMENTAL GERONTOLOGY, cilt.166, 2022 (SCI-Expanded)
- XL. **Evaluating sarcopenia in cancer patients: The role of muscle strength**
BAHAT Z., Bahat G.
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- XLII. **Paving the way for applying GLIM criteria in clinical practice and research: how to define mild to moderate and severe reduced muscle mass**
BAHAT-ÖZTÜRK G., Erdogan T., Cederholm T.
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- XLIII. **Hypotension Under Antihypertensive Treatment and Incident Hospitalizations of Nursing Home Residents**
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DRUGS & AGING, cilt.39, sa.6, ss.477-484, 2022 (SCI-Expanded)
- XLIII. **Barriers and facilitators in using a Clinical Decision Support System for fall risk management for older people: a European survey**
Ploegmakers K. J., Medlock S., Linn A. J., Lin Y., Seppala L. J., Petrovic M., Topinkova E., Ryg J., Mora M. A. C., Landi F., et al.
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- XLIV. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part I: Management, Diagnosis, and Follow-up**
Umay E., Eyigör S., Ertekin C., Ünlü Z., Selcuk B., Bahat G., Karahan A. Y., Seçil Y., Gurcay E., Kiyhoğlu N., et al.
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- XLV. **Is there a relationship between ACTN3 R577X gene polymorphism and sarcopenia?**
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- XLVI. **Pay attention to muscle strength while assessing sarcopenia in cancer patients**
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- XLVII. **Atrial fibrillation: a geriatric perspective on the 2020 ESC guidelines**
Polidori M. C., Alves M., Bahat G., Boureau A. S., Ozkok S., Pfister R., Pilotto A., Veronese N., Bo M.
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- XLVIII. **Commentary: Association of Sarcopenia with Toxicity and Survival in Postoperative Recurrent Esophageal Squamous Cell Carcinoma Patients Receiving Chemoradiotherapy**
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- XLIX. **Associations between polypharmacy and physical performance measures in older adults**
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- L. **Management of type 2 diabetes mellitus in older adults: eight case studies with focus SGLT-2 inhibitors and metformin**
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- LI. **SARC-F and other screening tests for sarcopenia**
Bahat G., Erdogan T., Ilhan B.

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- LII. **Potentially inappropriate medications based on TIME criteria and risk of in-hospital mortality in COVID-19 patients**
Durmus N. S., TUFAN ÇİNÇİN A., Can B., OLGUN YILDIZELİ Ş., KOCAYAYA D., İlhan B., BAHAT-ÖZTÜRK G.
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- LIII. **Orthogeriatrics: a vital requirement for improving fragility fracture patient care internationally with particular reference to Turkey**
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- LIV. **The current situation in the approach to osteoporosis in older adults in Turkey: areas in need of improvement with a model for other populations**
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- LV. **Hypotension in Nursing Home Residents on Antihypertensive Treatment: Is it Associated with Mortality?**
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- LVI. **Sarcopenia quality-of-life questionnaire (SarQoL)(R): translation, cross-cultural adaptation and validation in Turkish**
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- LVII. **Best Practice Recommendations for Stroke Patients with Dysphagia: A Delphi-Based Consensus Study of Experts in Turkey-Part II: Rehabilitation**
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- LVIII. **Muscle strength cutoff values calculated from the young reference population to evaluate sarcopenia in Turkish population**
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- LIX. **Sarcopenia in patients following stroke: an overlooked problem**
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- LX. **Protecting older patients with cardiovascular diseases from COVID-19 complications using current medications**
Alves M., Fernandes M. A., Bahat G., Benetos A., Clemente H., Grodzicki T., Martinez-Selles M., Mattace-Raso F., Rajkumar C., Ungar A., et al.
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- LXI. **Non-vitamin K antagonist oral anticoagulant use at doses inappropriately lower than recommended in outpatient older adults: a real-life data.**
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- LXII. **STOPPFall(Screening Tool of Older Persons Prescriptions in older adults with high fall risk): a Delphi study by the EuGMS Task and Finish Group on Fall-Risk-Increasing Drugs**
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- LXIII. **SARC-F can detect sarcopenia with a high sensitivity**
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- LXIV. **Measuring calf circumference: a practical tool to predict skeletal muscle mass via adjustment with BMI**

BAHAT-ÖZTÜRK G.

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- LXV. **International Validation of the Turkish Inappropriate Medication Use in the Elderly (TIME) Criteria Set: A Delphi Panel Study**
Bahat G., Ilhan B., Erdogan T., Oren M. M., Karan M. A., Burkhardt H., Denkinge M., Garfinkel D., Cruz-Jentoft A. J., Morrissey Y., et al.
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- LXVI. **Cut-off values of skeletal muscle index and psoas muscle index at L3 vertebra level by computerized tomography to assess low muscle mass**
Bahat G., Turkmen B. O., Aliyev S., Catikkas N. M., Bakir B., Karan M. A.
CLINICAL NUTRITION, cilt.40, sa.6, ss.4360-4365, 2021 (SCI-Expanded)
- LXVII. **Success of Simpler Modified Fried Frailty Scale to Predict Mortality among Nursing Home Residents**
Bahat G., Ilhan B., Tufan A., Dogan H., Karan M. A.
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- LXVIII. **Clarifying the relationship between sarcopenia and depression in geriatric outpatients**
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- CXXVIII. **Prevalence of potentially inappropriate prescribing among older adults: A comparison of the Beers 2012 and Screening Tool of Older Person's Prescriptions criteria version 2.**
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CXXXIV. Significance of population differences and the methodology in determining the muscle mass cut-off points for sarcopenia

Bahat G., Tufan A., Tufan F., Karan M. A.

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CXXXV. Suggestions for assessment of muscle mass in primary care setting

Yılmaz Ö., Bahat G.

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CXXXVI. An under-diagnosed geriatric syndrome: sleep disorders among older adults

Tufan A., İlhan B., Bahat G., Karan M. A.

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CXXXVII. Cut-off points to identify sarcopenia according to European Working Group on Sarcopenia in Older People (EWGSOP) definition.

Bahat G., Tufan A. N., Tufan F., Kılıç C., Akpınar T. S., Köse M., Erten N., Karan M. A., Cruz-Jentoft A. J.

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Bahat G., Tufan A., Tufan F., Kılıç C., Akpınar T. S., Köse M., Erten N., Karan M. A., Cruz-Jentoft A. J.

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CXL. The association between vitamin D and urinary incontinence

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CXLI. The ESPEN guidelines on enteral nutrition-Geriatrics: Need for its promotion in practice

Bahat G., Tufan F., Tufan A., Karan M. A.

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CXLII. Possible side effects of metoclopramide

Tufan A., İlhan B., Bahat G., Karan M. A.

CLINICAL NUTRITION, cilt.35, sa.4, ss.975, 2016 (SCI-Expanded)

CXLIII. Sarcopenia and the cardiometabolic syndrome: A narrative review

Bahat G., İlhan B.

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CXLIV. Should significant weight loss mandated to be "unintentional" for resulting in and regarded as malnutrition?

Bahat G., Tufan F., Karan M. A.

CLINICAL NUTRITION, cilt.35, sa.1, ss.234, 2016 (SCI-Expanded)

CXLV. Possible effect of decreased insulin resistance on ferritin levels after Nordic Walking training

İlhan B., Tufan F., Bahat G., Karan M. A.

CLINICAL INTERVENTIONS IN AGING, cilt.11, ss.149, 2016 (SCI-Expanded)

CXLVI. Utilization of arm span instead of height in body mass index calculation in elderly subjects

Yılmaz Ö., Tufan F., Bahat G., Karan M. A.

CLINICAL INTERVENTIONS IN AGING, cilt.11, ss.285, 2016 (SCI-Expanded)

CXLVII. Low skeletal muscle mass index is associated with function and nutritional status in residents in a Turkish nursing home

Tufan A., Bahat G., Özkaya H., Tascioglu D., Tufan F., Saka B., AKIN S., Karan M. A.

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CXLVIII. Underestimated factors may also precipitate delirium and can lead to the misinterpretation of frailty

in these patients

Ilhan B., Tufan F., Bahat G., Karan M. A.

CLINICAL INTERVENTIONS IN AGING, cilt.11, ss.761-762, 2016 (SCI-Expanded)

CXLIX. Higher vitamin D levels may be associated with higher levels of sunlight exposure and higher intake of vitamin D by diet

Muratli S., Tufan F., Bahat G., Akif M.

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CL. Queries raised about MNA for frail older hospital patients

Tufan A., Ilhan B., Bahat G.

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CLI. Successful treatment of non-healing pressure ulcers with topical n-acetyl cysteine

OZKAYA H. M., Bahat G., Tufan A., DOGAN H., BILICEN Z., Karan M. A.

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Topcu Y., Tufan F., Bahat G., Karan A.

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CLIII. Observational cohort study on correlates of mortality in older community-dwelling outpatients: The value of functional assessment.

Bahat G., Tufan F., BAHAT Z., Tufan A., Aydın Y., Akpınar T. S., Erten N., Karan M. A.

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CLIV. Body mass index and functional status in community dwelling older Turkish males

Bahat G., Muratli S., Ilhan B., Tufan A., Tufan F., Aydın Y., Erten N., Karan M. A.

AGING MALE, cilt.18, sa.4, ss.228-232, 2015 (SCI-Expanded)

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- XXV. **Exploring the ideal obesity definition in the context of sarcopenic obesity for its relationship with functional measures**
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- XXVII. **YAŞLI KALP YETERSİZLİĞİ HASTALARINDA BASİTLEŞTİRİLMİŞ FRIED KIRILGANLIK SLALASI İLE DEĞERLENDİRİLEN KIRILGANLIK İLE KISA DÖNEM SAĞKALIM İLİŞKİSİ**
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- XXIX. **YAŞLI BİREYLERDE SIK GÖRÜLEN HUZURSUZ BACAK SENDROMUNUN DİĞER GERİATRİK SENDROMLARLA İLİŞKİSİ**
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- XXXV. **A prevalent sleep disorder in older adults: restless legs syndrome (is there any association with other geriatric syndromes?)**
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XL. Associations of obesity, subjectively evaluated probable sarcopenia and their combinations with mortality in nursing home residents

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- L. **Cutoff values to identify low muscle mass by computed tomography at L3 vertebra level**
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- LXII. **Türkiye Yaşlılarda Uygunuz İlaç Kullanım Kriterleri - TIME Kriterleri**
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- LXIV. **FRAILITY AND CHRONIC PAIN**
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- LXV. **INCIDENCE AND RELATED FACTORS FOR INPATIENT FALLS IN THE DEPARTMENT OF INTERNAL MEDICINE**
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- LXVI. **ASSOCIATION BETWEEN DYSPHAGIA AND FRAILITY IN COMMUNITY DWELLING OLDER ADULTS**
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- LXVII. **RELATIONSHIP BETWEEN SARCOPENIA AND URINARY INCONTINENCE**
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- LXVIII. **Glutamine use in pelvic sarcopenia: a prospective randomized placebo controlled study**
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- LXIX. **Glutamine supplementation for urinary incontinence: a prospective, randomized, controlled double-blind study**
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- LXX. **POOR APPETITE IN GERIATRIC OUTPATIENTS: PREVALENCE AND ASSOCIATED FACTORS; RELIABILITY AND VALIDITY OF THE SIMPLIFIED NUTRITIONAL APPETITE QUESTIONNAIRE (SNAQ)**
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- LXXIV. **YAŞLIDA UYGUNSUZ İLAÇ KULLANIMININ DEĞERLENDİRİLMESİ:TARAMA KRİTERLERİ VE KLİNİSYEN DEĞERLENDİRMESİNİN KARŞILAŞTIRILMASI**
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- LXXV. **TOPLUMDAN BAŞVURAN YAŞLILARDA KOAH SIKLIĞI VE İLİŞKİLİ FAKTÖRLER**

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LXXVI. KAS KÜTLESİNİN FARKLI DÜZELTİM METOTLARI İLE DEĞERLENDİRİLDİĞİNDE KAS FONKSİYONELLİĞİ İLE İLİŞKİSİ

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LXXVII. OROFARENGEAL DİSFAJİ VE KIRILGANLIK İLİŞKİLİ OLABİLİR Mİ ?

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LXXIX. COMPARING THE EXPLICIT TOOLS VS. IMPLICIT EVALUATION AMONG TURKISH GERIATRIC OUTPATIENTS

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LXXX. Muscle Mass Adjusted for Body Mass Index Reveals Better Efficacy in Relation of Sarcopenia with Functional Measures

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LXXXI. FRAGILITY IS THE NEWLY DEFINED CAUSE OF OROPHARYNGEAL DYSPHAGIA REGARDLESS

Bahat-Öztürk G., Yılmaz Aykent Ö., Kılıç C., Aykent B., Karan M. A.

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