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Education Information

Expertise In Medicine, Istanbul University, Istanbul Medical Faculty, İç Hastalıkları Anabilim Dalı, Turkey 1986 - 1990

Undergraduate, Istanbul University, Istanbul Medical Faculty, Turkey 1978 - 1984

Foreign Languages

English, B2 Upper Intermediate

Certificates, Courses and Trainings

Education Management and Planning, Eğitim Becerileri Kursu, İstanbul tıp Fakültesi, 1996

Dissertations

Expertise In Medicine, Diabetes mellitus ve bozulmuş glikoz toleransının tanısında serum früktozamin düzeylerinin değeri, Istanbul University, Istanbul Medical Faculty, İç Hastalıkları Anabilim Dalı, 1990

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Internal Diseases , Geriatrics

Academic Titles / Tasks

Professor, Istanbul University, Istanbul Medical Faculty, Division of Medical Sciences , 2003 - Continues

Associate Professor, Istanbul University, Istanbul Medical Faculty, Division of Medical Sciences , 2000 - 2003

Associate Professor, Istanbul University, Istanbul Medical Faculty, Division of Medical Sciences , 1996 - 2000

Academic and Administrative Experience

İstanbul Üniversitesi, İstanbul Medical Faculty, Dahili Tıp Bilimleri, 2000 - Continues

İstanbul Üniversitesi, İstanbul Medical Faculty, 2010 - 2015

Advising Theses

KARAN M. A., Yaşlı erkeklerde kemik mineral yoğunluğu ile serum IGF-I düzeylerinin ilişkisi, Expertise In Medicine, İ.Ertuğrul(Student), 2001

Jury Memberships

Associate Professor Exam, 2014 Ekim Dönemi Doçentlik sınavı, Üniversitelerarası Kurul Başkanlığı, June, 2015

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Synchronized diabetes monitoring system: Development of smart mobile apparatus for diabetes using insulin**
Kahraman M., Dündükçü H. V., Kurt S., Yıldız H., Aydın N., Mutlu Ü., Cakmak R., Boz E. B., Ozbek H. E., Ertürk M. A., et al.
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- II. **Cultural adaptation and clinical validation of Rapid Cognitive Screening Test in Turkish**
Erdogan T., Tufekcioglu Z., Sacar D. E., ÖREN ÇELİK M. M., BİLGİÇ B., KARAN M. A., BAHAT-ÖZTÜRK G.
PSYCHOGERIATRICS, vol.24, no.1, pp.87-93, 2024 (SCI-Expanded)
- III. **Associations of EWGSOP1 and EWGSOP2 probable sarcopenia definitions with mortality: A comparative study**
Altinkaynak M., Gurel E., Ören Çelik M. M., Kılıç C., Karan M. A., Bahat-Öztürk G.
CLINICAL NUTRITION, vol.42, no.11, pp.2151-2158, 2023 (SCI-Expanded)
- IV. **Clinical validation of SARC-F by proxy as a practical tool to evaluate sarcopenia in dependent older adults**
Ozkok S., Ören Çelik M. M., Aydın C. O., Özalp H., Kılıç C., Koc Y., Dogan H., Eryigit O. Y., Karan M. A., Bahat-Öztürk G.
JOURNAL OF GERIATRIC ONCOLOGY, vol.14, no.8, 2023 (SCI-Expanded)
- V. **The longitudinal associations of sarcopenia definitions with functional deterioration: a comparative study**
Bahat-Öztürk G., Bozkurt M. E., Ozkok S., Kılıç C., Karan M. A.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.35, no.10, pp.2089-2099, 2023 (SCI-Expanded)
- VI. **The effect of vitamin D on neurocognitive functions in older vitamin D deficient adults: a pilot longitudinal interventional study**
Turkmen B. O., Can B., Buker S., Beser B., BÜYÜKGÖK D., Dernek B., Bovatekin S., Kucukdagli P., Ilhan B., Kalem Ş. A., et al.
Psychogeriatrics, vol.23, no.5, pp.781-788, 2023 (SCI-Expanded)
- VII. **MALNUTRITION ASSESSED BY GLIM CRITERIA USING SIX DIFFERENT APPROACHES FOR REDUCED MUSCLE MASS CRITERION: WHICH VERSION IS BETTER ASSOCIATED WITH MORTALITY IN COMMUNITY-DWELLING OLDER ADULTS?**
ÖZKÖK S., Ilhan B., ŞEKER N., Kucukdagli P., YILMAZ O., KILIÇ C., KARAN M. A., Bahat G.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, 2023 (SCI-Expanded)
- VIII. **SIMPLER MODIFIED FRIED FRAILTY SCALE AS A PRACTICAL TOOL TO EVALUATE PHYSICAL FRAILTY: CROSS-CULTURAL ADAPTATION AND VALIDATION PROJECT**

BAHAT-ÖZTÜRK G., İlhan B., Erdogan T., Catikkas N. M., KARAN M. A., Drey M., Gasowski J., Kotsani M., Piotrowicz P., Morley J.

AGING CLINICAL AND EXPERIMENTAL RESEARCH, 2023 (SCI-Expanded)

- IX. **Associations between obesity, self-reported weakness and their combinations with mortality in nursing home residents**
Bahat G., İlhan B., Catikkas N. M., Tufan A., Ozturk S., Dogan H., Karan M. A.
ACTA CLINICA BELGICA, vol.78, no.2, pp.112-121, 2023 (SCI-Expanded)
- X. **Frailty and its associates in community-dwelling older adults**
Bozkurt M. E., Catikkas N. M., Erdogan T., Oren M. M., Kılıç C., Karan M. A., Bahat-Öztürk G.
REVISTA DA ASSOCIACAO MEDICA BRASILEIRA, vol.69, no.12, 2023 (SCI-Expanded)
- XI. **Hypotension Under Antihypertensive Treatment and Incident Hospitalizations of Nursing Home Residents**
Bahat G., İlhan B., Tufan Çinçin A., Kılıç C., Karan M. A., Petrovic M.
DRUGS & AGING, vol.39, no.6, pp.477-484, 2022 (SCI-Expanded)
- XII. **Ishii test for screening sarcopenia: performance in community-dwelling older adults.**
Erdogan T., Catikkas N. M., Oren M. M., Kılıç C., Karan M. A., Bahat G.
Aging clinical and experimental research, vol.34, no.4, pp.785-791, 2022 (SCI-Expanded)
- XIII. **Is there a relationship between ACTN3 R577X gene polymorphism and sarcopenia?**
Kahraman M., Ozulu Turkmen B., Bahat-Ozturk G., Catikkas N. M., Oren M. M., Sahin A., Daglar A., Ozturk S., Palanduz Ş., Diler A. S., et al.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.34, no.4, pp.757-765, 2022 (SCI-Expanded)
- XIV. **Associations between polypharmacy and physical performance measures in older adults**
Ozkok S., Aydin C. O., Sacar D. E., Catikkas N. M., Erdogan T., KILIÇ C., Karan M. A., BAHAT-ÖZTÜRK G.
Archives of Gerontology and Geriatrics, vol.98, 2022 (SCI-Expanded)
- XV. **Orthogeriatrics: a vital requirement for improving fragility fracture patient care internationally with particular reference to Turkey**
BAHAT-ÖZTÜRK G., Catikkas N. M., KARAN M. A., Reginster J. Y.
ARCHIVES OF OSTEOPOROSIS, vol.16, no.1, 2021 (SCI-Expanded)
- XVI. **Sarcopenia quality-of-life questionnaire (SarQoL)(R): translation, cross-cultural adaptation and validation in Turkish**
Erdogan T., Eris S., Avci S., Oren M. M., Kucukdagli P., Kılıç C., Beudart C., Bruyere O., Karan M. A., Bahat G.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.33, no.11, pp.2979-2988, 2021 (SCI-Expanded)
- XVII. **Risk of sarcopenia in hospitalized patients and related clinical factors: a multicenter study from Turkey**
Ozer F. F., AKIN S., Tasci I., TOSUN TAŞAR P., SAVAŞ E. S., Cincin A. T., YAVUZER H., ERDİNÇLER U. D., Balci C., EŞME M., et al.
EUROPEAN GERIATRIC MEDICINE, vol.12, no.4, pp.863-870, 2021 (SCI-Expanded)
- XVIII. **Skeletal muscle mass assessment to detect low muscle mass: Regional or total?**
Bahat G., ÇATIKKAŞ DEMİR N. M., Karan M. A.
Clinical Nutrition, vol.40, no.7, pp.4642-4643, 2021 (SCI-Expanded)
- XIX. **International Validation of the Turkish Inappropriate Medication Use in the Elderly (TIME) Criteria Set: A Delphi Panel Study**
Bahat G., İlhan B., Erdogan T., Oren M. M., Karan M. A., Burkhardt H., Denkinge M., Garfinkel D., Cruz-Jentoft A. J., Morrissey Y., et al.
DRUGS & AGING, vol.38, no.6, pp.513-521, 2021 (SCI-Expanded)
- XX. **Cut-off points for height, weight and body mass index adjusted bioimpedance analysis measurements of muscle mass with use of different threshold definitions**
Bahat G., Tufan A., Kılıç C., Aydin T., Akpınar T. S., Köse M., Erten N., Karan M. A., Cruz-Jentoft A. J.
AGING MALE, vol.23, no.5, pp.382-387, 2021 (SCI-Expanded)
- XXI. **A new screening tool for self-neglect in community-dwelling older adults: IMSelf-neglect questionnaire**

- Ilhan B., Bahat G., Saka F., Kılıç C., Ören M. M., Karan M. A.
AGING MALE, vol.23, no.5, pp.388-395, 2021 (SCI-Expanded)
- XXII. **Fat percentage cutoff values to define obesity and prevalence of sarcopenic obesity in community-dwelling older adults in Turkey**
Bahat G., Kılıç C., Topcu Y., Aydin K., Karan M. A.
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- XXIII. **Prevalence of sarcopenia and its components in community-dwelling outpatient older adults and their relation with functionality**
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- XXIV. **The thresholds for components of sarcopenia: need for an objective approach**
Bahat G., Karan M. A.
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- XXV. **LOW GLOMERULAR FILTRATION RATE AS AN ASSOCIATED RISK FACTOR FOR SARCOPENIC MUSCLE STRENGTH: IS CREATININE OR CYSTATIN C-BASED ESTIMATION MORE RELEVANT?**
Tufan A., Akpınar T. S., İlhan B., Bahat G., KARAN M. A.
OSTEOPOROSIS INTERNATIONAL, vol.31, no.SUPPL 1, 2020 (SCI-Expanded)
- XXVI. **The prevalence and risk factors for urinary incontinence among inpatients, a multicenter study from Turkey**
SAVAŞ E. S., Saka B., AKIN S., Tasci I., TOSUN TAŞAR P., TUFAN ÇİNÇİN A., YAVUZER H., Balci C., Sezgin G., Karan M. A., et al.
ARCHIVES OF GERONTOLOGY AND GERIATRICS, vol.90, 2020 (SCI-Expanded)
- XXVII. **Considering the Effect of Combining alpha-Blockers With Bladder Antimuscarinics in Treatment of Overactive Bladder Symptoms-Reply**
Bahat G., Gunaydin S., Karan M. A.
JAMA INTERNAL MEDICINE, vol.180, no.7, pp.1025, 2020 (SCI-Expanded)
- XXVIII. **Comments for better understanding of the study "Aging is independently associated with an increasing normal respiratory rate among an older adult population in a clinical setting".**
GÜNAYDIN Ş., Ozturk S., KARAN M. A., BAHAT-ÖZTÜRK G.
Geriatrics & gerontology international, vol.20, no.4, pp.391, 2020 (SCI-Expanded)
- XXIX. **The relationship between common geriatric syndromes and potentially inappropriate medication use among older adults**
Küçükdağlı P., Bahat G., Bay I., Kılıç C., Ören M. M., Özulu Türkmen B., Karan M. A.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.32, no.4, pp.681-687, 2020 (SCI-Expanded)
- XXX. **Some Comments for Better Understanding of the Study Entitled "Reduced Vitamin D Levels are Associated with Stroke-Associated Pneumonia in Patients with Acute Ischemic Stroke" [Letter].**
Bahat G., Ozkok S., Ozturk S., Karan M. A.
Clinical interventions in aging, vol.15, pp.159-160, 2020 (SCI-Expanded)
- XXXI. **The concept of frailty should not be limited to malnutrition**
Bahat G., İlhan B., Karan M. A.
CLINICAL NUTRITION, vol.39, no.1, pp.325, 2020 (SCI-Expanded)
- XXXII. **At which Hoehn&Yahr stage of Parkinson's disease should the patients be screened for dysphagia?**
Bahat G., Erdogan T., Karan M. A.
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- XXXIII. **Need for increased awareness for avoiding metformin treatment in malnourished older adults with diabetes mellitus**
Bahat G., Erdogan T., Karan M. A.
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- XXXIV. **The relationship between sarcopenia and urinary incontinence.**
Erdoğan T., Bahat G., Kılıç C., Küçükdağlı P., Ören M. M., Erdogan O., Karan M. A.
European geriatric medicine, vol.10, no.6, pp.923-929, 2019 (SCI-Expanded)

- XXXV. **Chronic pain: prevalent and independently associated with frailty and female gender in geriatric outpatients.**
İlhan B., Bahat G., Erdoğan T., Kılıç C., Karan M. A.
European geriatric medicine, vol.10, no.6, pp.931-937, 2019 (SCI-Expanded)
- XXXVI. **Cut-off points for weight and body mass index adjusted bioimpedance analysis measurements of muscle mass.**
Bahat G., Tufan Çinçin A., Kılıç C., Öztürk S., Akpınar T. S., Kose M., Erten N., Karan M. A., Cruz-Jentoft A. J.
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- XXXVII. **Cross-cultural adaptation and validation of the SARC-F to assess sarcopenia: methodological report from European Union Geriatric Medicine Society Sarcopenia Special Interest Group**
Bahat G., Yılmaz Ö., Oren M. M., Karan M. A., Reginster J. Y., Bruyere O., Beaudart C.
EUROPEAN GERIATRIC MEDICINE, vol.9, no.1, pp.23-28, 2018 (SCI-Expanded)
- XXXVIII. **Cut-off points to identify sarcopenia according to European Working Group on Sarcopenia in Older People (EWGSOP) definition.**
Bahat G., Tufan A. N., Tufan F., Kılıç C., Akpınar T. S., Köse M., Erten N., Karan M. A., Cruz-Jentoft A. J.
Clinical nutrition (Edinburgh, Scotland), vol.35, no.6, pp.1557-1563, 2016 (SCI-Expanded)
- XXXIX. **Potential Confounders in Identification of Sarcopenia in Cirrhosis**
Topcu Y., Tufan F., Karan M. A.
CLINICAL GASTROENTEROLOGY AND HEPATOLOGY, vol.14, no.11, pp.1671-1672, 2016 (SCI-Expanded)
- XL. **Healthy Behaviors Potentially Due to Calorie Restriction**
Tufan F., Soyluk O., Karan M. A.
JAMA INTERNAL MEDICINE, vol.176, no.11, pp.1724, 2016 (SCI-Expanded)
- XLI. **Potential Risk of Increased Risk of Falls Associated With High Doses of Vitamin D Treatment**
Tufan F., Soyluk O., Karan M. A.
JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY, vol.68, no.16, pp.1819, 2016 (SCI-Expanded)
- XLII. **Nitrates in Heart Failure with Preserved Ejection Fraction.**
Tufan F., Akpınar T. S., Karan M. A.
The New England journal of medicine, vol.374, no.16, pp.1588, 2016 (SCI-Expanded)
- XLIII. **Strong bones and restless legs New data about bone remodeling in women with RLS**
Hershey L. A., Karan M. A.
NEUROLOGY, vol.86, no.13, pp.1179-1180, 2016 (SCI-Expanded)
- XLIV. **Body mass index and functional status in community dwelling older Turkish males**
Bahat G., Muratlı S., İlhan B., Tufan A., Tufan F., Aydın Y., Erten N., Karan M. A.
AGING MALE, vol.18, no.4, pp.228-232, 2015 (SCI-Expanded)
- XLV. **Might excess body weight be beneficial for the community-dwelling older people?**
Bahat G., Soyluk Ö., Tufan F., Karan M. A.
DISABILITY AND HEALTH JOURNAL, vol.8, no.4, pp.467-468, 2015 (SCI-Expanded)
- XLVI. **Spirometric obstruction and tobacco exposure among male Turkish nursing home residents**
Bahat G., Akpınar T. S., İliaz R., Tufan A., Tufan F., BAHAT Z., Kaya Z., Kiyan E., OZKAYA H., KARISIK E., et al.
AGING MALE, vol.18, no.2, pp.93-96, 2015 (SCI-Expanded)
- XLVII. **The relationship of body mass index and the functional status of community-dwelling female older people admitting to a geriatric outpatient clinic.**
Bahat G., Tufan A., Aydın Y., Tufan F., BAHAT Z., Akpınar T. S., SOYLUK Ö., Erten N., Karan M. A.
Aging clinical and experimental research, vol.27, no.3, pp.303-8, 2015 (SCI-Expanded)
- XLVIII. **Geriatrics education is associated with positive attitudes toward older people in internal medicine residents: a multicenter study.**
Tufan F., Yuruyen M., Kizilarlanoglu M. C., Akpınar T. S., Emiksiye S., Yesil Y., Ozturk Z. A., Bozbulut U. B., Bolayir B., Tasar P. T., et al.
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- XLIX. **Effects of systemic Thalidomide and intracerebroventricular Etanercept and Infliximab administration in a Streptozotocin induced dementia model in rats.**

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ELÇİOĞLU H. K., KABASAKAL L., Tufan F., Elcioglu O. H., Solakoglu S., Kotil T., Karan M. A.
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- LI. **Resistance training might have improved insulin resistance by attenuating sarcopenia**
Topcu Y., Tufan F., Karan M. A.
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- LII. **Uncomplicated diabetes does not accelerate age-related sarcopenia.**
Akpınar T. S., Tayfur M., Tufan F., Sahinkaya T., Kose M., OZSENEL E. B., Ozturk G. B., Saka B., Erten N., Yildiz S., et al.
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- LIII. **Relation between hand grip strength, respiratory muscle strength and spirometric measures in male nursing home residents.**
Bahat G., Tufan A., OZKAYA H., Tufan F., Akpınar T. S., Akin S., BAHAT Z., Kaya Z., Kiyani E., Erten N., et al.
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- LIV. **Sarcopenia assessment project in the nursing homes in Turkey**
HALİL M. G., Ulger Z., Varlı M., Doventas A., Öztürk G., Kuyumcu M. E., YAVUZ B. B., Yesil Y., Tufan F., CANKURTARAN M., et al.
EUROPEAN JOURNAL OF CLINICAL NUTRITION, no.6, pp.690-694, 2014 (SCI-Expanded)
- LV. **Under-representation of frail or medically compromised hypertensive older people**
Bahat G., Tufan A., Karan M. A.
HEART, vol.100, no.11, pp.894, 2014 (SCI-Expanded)
- LVI. **Comorbidities, polypharmacy, functionality and nutritional status in Turkish community-dwelling female elderly.**
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- LVII. **Limited utility of adipokine levels in the diagnosis of malnutrition in the elderly**
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- LVIII. **Is inferior vena caval filter an alternative treatment option for geriatric patients that cannot use anticoagulation therapy?**
Akin S., Sari M., Tufan F., Bahat G., Saka B., Erten N., Karan M. A.
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- LIX. **Turkish nursing homes and care homes nutritional status assessment project (THN-malnutrition)**
CANKURTARAN M., Saka B., ŞAHİN S., Varlı M., Doventas A., YAVUZ B. B., HALİL M. G., Curgunlu A., Diger Z., TEKİN N., et al.
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- LX. **Assessments of functional status, comorbidities, polypharmacy, nutritional status and sarcopenia in Turkish community-dwelling male elderly.**
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- LXI. **Thalidomide attenuates learning and memory deficits induced by intracerebroventricular administration of streptozotocin in rats**
ELÇİOĞLU H. K., KABASAKAL L., ALAN S., Salva E., Tufan F., Karan M. A.
BIOTECHNIC & HISTOCHEMISTRY, vol.88, pp.145-152, 2013 (SCI-Expanded)
- LXII. **Cytomegalovirus esophagitis precipitated with immunosuppression in elderly giant cell arteritis patients**

- Akin S, Tufan F, Bahat G, Saka B, Erten N, Karan M. A.
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- LXIII. **Olanzapine as a cause of peripheric edema in an elderly man.**
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- LXIV. **Probable dementia associated with Lewy body pathology as a cause of prolonged acute confusional state in a 79-year-old patient**
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- LXV. **Which body mass index (BMI) is better in the elderly for functional status?**
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- LXVI. **Facial edema as an earlier presenting sign of giant cell arteritis**
Bahat G, AKIN S, TUFAN F, Gelincik A, ERTEN N, Karan M. A.
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- LXVII. **Nutritional risk in hospitalized patients: impact of nutritional status on serum prealbumin**
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REVISTA DE NUTRICA0-BRAZILIAN JOURNAL OF NUTRITION, vol.24, no.1, pp.89-98, 2011 (SCI-Expanded)
- LXVIII. **Malnutrition in the elderly and its relationship with other geriatric syndromes**
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CLINICAL NUTRITION, vol.29, no.6, pp.745-748, 2010 (SCI-Expanded)
- LXIX. **Prevalence of sarcopenia and its association with functional and nutritional status among male residents in a nursing home in Turkey**
Bahat G, Saka B, Tufan F, Akin S, SIVRIKAYA S, YUCEL N, Erten N, Karan M. A.
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- LXX. **Folic Acid and Vitamin B12 Supplementation Improves Coronary Flow Reserve in Elderly Subjects with Vitamin B12 Deficiency**
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- LXXI. **Paraneoplastic Arthritis May Mimic Rheumatoid Arthritis With Symmetrical and Upper Extremity Predilecting Presentation**
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- LXXII. **Melanoma metastasis to the breast: A diagnostic pitfall**
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- XC. FALLING OF ELDERLY LIVING IN THE COMMUNITY**
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Non Academic Experience

- Özel hastane
MİLLİ SAVUNMA BAKANLIĞI
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